

SONKE SISELA KUMFULA OMNYE
ONS ALMAL DRINK VAN DIESELFDE STROOMPIE
WE ALL DRINK FROM THE SAME STREAM

*Izaci namaqhalo malunga ngamanzi
Idiome en spreekwoorde oor water
Idioms and proverbs about water*



Le nkqubo iqale ngoluhlu lwamaqhalo nezaci zesiXhosa ezimalunga ngamanzi. Kuba embalwa amaqhalo nezaci zesi-Afrikaans nesiNgesi ezihambelana nezi ntetho zesiXhosa, kuye kwaphandwa ngamaqhalo nezaci zesi-Afrikaans nesiNgesi ezimalunga ngamanzi ukutyebisa ezi lwimi zontathu.



'n Lys van isiXhosa-idiome oor water was die vertrekpunt vir hierdie projek. Aangesien daar nie veel ooreenstemmende Afrikaanse en Engelse idiome daarvoor was nie, is tipiese Afrikaanse en Engelse idiome en spreekwoorde oor water nagevors om op dié wyse al drie tale aan te vul.



The starting point for this project was a list of isiXhosa idioms about water. Seeing that there were very few equivalents for these idioms in Afrikaans and English, this list was expanded with a variety of typical Afrikaans and English idioms and proverbs about water to cover all three languages.




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Idioms and proverbs about water



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INTSHAYELELO

Izaci namaqhalo ziintetho ezifumaneka kuphela kulwimi ngalunye nakwinkcubeko nganye.

Uninzi lwezaci namaqhalo esiXhosa anentsusa ekwindalo nakokusingqongileyo. Oku kubonisa ubudlelwano umntu anabo nendalo.

Kwinkcubeko yamaXhosa, amanzi adlala indima ebalulekileyo. Angumqondiso wobomi, impilo, imingeni nendalo yomntu.

Eli bathwana lezaci namaqhalo esiXhosa elimalunga ngamanzi neliye lachongelwa le ncwadi, lisikhumbuza ulwimi nenkcubeko yethu etyebileyo ekufuneka sizingce ngazo. Oku kwenza silwazi uxanduva esinalo ekongeni amanzi esinawo ahlale ecocekile kwaye elondolozekile.

Injongo yesi sikhokelo sepokotho kukugcina izithethe zolwimi lwesiXhosa nenkcubeko yamaXhosa ngeelwimi ezimsethethweni ezintathu zaseNtshona Koloni. Kananjalo, sifuna ukuphuhlisa ulwazi lweelwimi ezininzi.

Kwakho, ezi zaci namaqhalo ezimalunga ngamanzi ziye ziqinise ityathanga lovisiswano phakathi kwezi lwiimi nendalo njengoko sibona kule nkcubeko yamaXhosa. Oku kuye kudlale indima enkulu kukhuseleko lwamanzi, kwaye isenze sazi kubaluleke kangakanani ukongela izizukulwana ezizayo amanzi.

INLEIDING

Idiome en spreekwoorde is vaste uitdrukking wat eie en uniek is aan 'n bepaalde taal en kultuur.

Baie isiXhosa-idiome en -spreekwoorde verwys na die natuur en die omgewing. Dit dui op 'n hegte verhouding tussen die mens en die natuur.

Water speel 'n baie belangrike rol in die amaXhosa-kultuur. Dit is 'n simbool van lewe, genesing, uitdagings en die menslike natuur.

Die lys idiome en spreekwoorde oor water uit die amaXhosa-kultuur wat vir hierdie boek gekies is, herinner ons aan 'n trotse taal- en kultuurerfenis. Dit maak ons bewus van die gesamentlike verantwoordelikheid wat ons het om ons waterbronne skoon te hou en te bewaar.

Die doel van hierdie sakgids is om die oorlewering van die isiXhosa-taal en die amaXhosa-kultuur in al drie die amptelike tale van die Wes-Kaap te bewaar. Terselfdertyd wil ons veeltaligheid bevorder.

Hierdie idioome en spreekwoorde oor water versterk ook die drie tale se harmonieuse verhouding met die natuur en die omgewing soos dit in die amaXhosa-erfenis na vore kom. Dit lewer daarom 'n groot bydrae tot die beskerming van ons waterbronne. Dit maak ons ook daarvan bewus hoe belangrik dit is om ons waterbronne vir die nageslag te bewaar.

INTRODUCTION

Idioms and proverbs are set expressions unique to a specific language and culture.

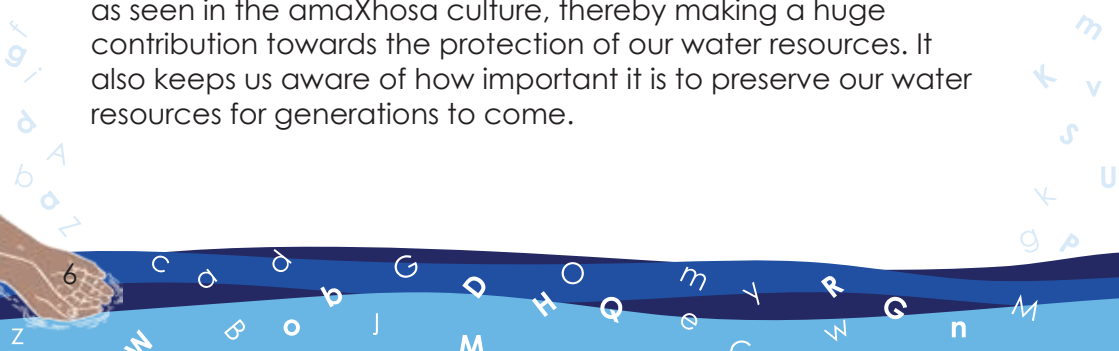
Many isiXhosa idioms and proverbs are drawn from nature and the environment. It reveals the close relationship between man and nature.

Water plays a very important role in the culture of the amaXhosa. It serves as a symbol of life, healing, challenges and human nature.

The selection of isiXhosa idioms and proverbs about water that were chosen for this book, reminds us of a linguistic and cultural heritage we can be proud of. It makes us aware of the responsibility we share to keep our water resources clean and to protect it.

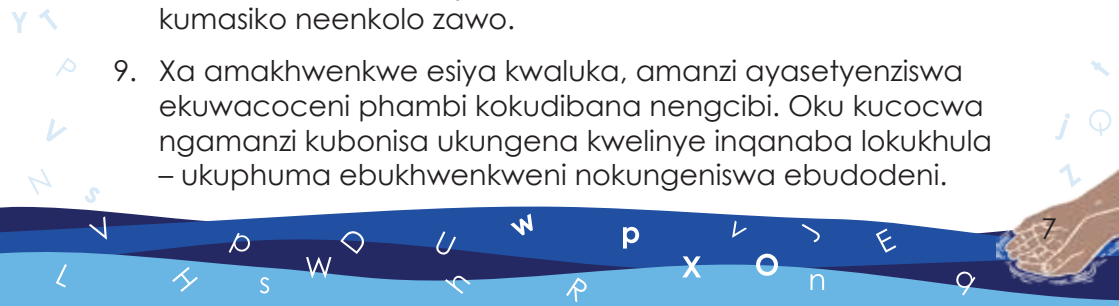
The aim of this pocket guide is to preserve the traditions of the isiXhosa language and the culture of the amaXhosa in the three official languages of the Western Cape. At the same time we want to promote multilingualism.

These idioms and proverbs about water also strengthen the harmonious bond between the three languages and nature as seen in the amaXhosa culture, thereby making a huge contribution towards the protection of our water resources. It also keeps us aware of how important it is to preserve our water resources for generations to come.



AMANZI KWINKCUBEKO YAMAXHOSA

1. Amanzi awabalulekanga nje kuphela kwindalo nakwimpilo yezilwanyana nezityalo. Nabo abantu baxhomekeke emanzini ukuze bahlale besempilweni, bakhe ubomi kwaye baphuhle.
2. Amanzi abalulekile kwimpilo yethu ngoba iziqingatha ezintathu zemizimba yethu zingamanzi. Amanzi adlala indima enkulu kwiinkalo zonke zobomi bethu, ngakumbi kumasiko nenkolo yethu.
3. Izixeko kunye needolophu ezininzi ehlabathini zakhiwe kufutshane neendawo ezinamanzi ezifana namadama, imilambo, amachibi, neelwandle ukuze kuhlume kwaye kuxhaswe urhwebo noshishino.
4. Isixeko saseRhawutini sesona sixeko ehlabathini esingazange sakhwa kwindawo enamanzi. Okunye okunika umdla ngeRhawuti yinto yokuba inehlathi elikhulu elenziwe ngabantu kwihlabathi liphela. Yonke imithi eRhawutini ityalwe ngabantu.
5. Izizwe ezingcuchalazayo apha kwi-Afrika bezisoloko zikhangela iindawo ezinamanzi ukuze zityale izityalo kwaye neenkomo zifumane amadlelo okutya.
6. Ngokwesiqhelo, uninzi lwezizwe zase-Afrika bezingakhi iindawo zokuhlala kufutshane neendawo ezinamanzi. Abanye abantu bacinga ama-Afrika ayawoyika amanzi. Kwelinye icala, abanye bathi urhwebo ngamakhoboka lwakhokelela eli siko. Ezi mbono aziyonyani kwaphela.
7. Esona sizathu seli siko kukuba kuma-Afrika amanzi abonwa iyinto engcwele kakhulu. Zonke iindawo zamanzi – imilambo, amachibi, amadama kunye neelwandle – kufuneka zongiwe kwaye zihlonelwe.
8. Nqwa nezinye izizwe zase-Afrika, amanzi abaluleke kakhulu kubomi nenkcubeko yamaXhosa. Amanzi athetha lukhulu kumasiko neenkolo zawo.
9. Xa amakhwenkwe esiya kwaluka, amanzi ayasetyenziswa ekuwacoceni phambi kokudibana nengcibi. Oku kucocwa ngamanzi kubonisa ukungena kwelinye inqanaba lokukhula – ukuphuma ebukhwenkweni nokungeniswa ebudodeni.

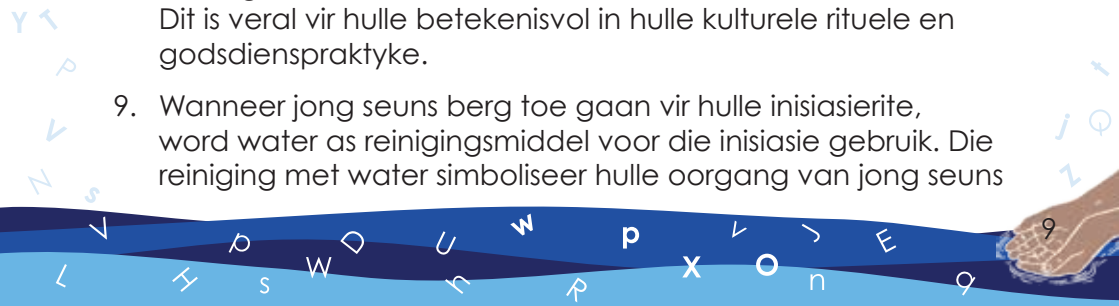


Amanzi luphawu olibonisa ukuba amakhwenkwe ayihlambile imikhwa yobukhwenkwe kwaye ngoku akulungele ukungena kwindlela entsha yobuntu obudala.

10. Phambi kokuba la madodana angabuyela eluntwini, kufuneka ahlambe ngamanzi ixesha abalichithe esuthwini. Bacocwa okokugqibela phambi kokuba babuyele ekhaya njengabantu abadala. Inxalenye yezinto ezenziwayo esuthwini kukufundisa la madodana ukonga nokuhlonipha amanzi.
11. AmaXhosa azibona iindawo zamanzi – imilambo, amachibi, amadama neelwandle – njengeendawo ezingcwele apho kuhlala khona izinyanya nezinye izilwanyana. Amanzi kwakho abalulekile ekungcwaliseni nasekuxhobiseni amagqirha. Ingqeqesho yegqirha ayiphelanga xa lingakhange ligqithe kwindawo enamanzi efana nomlambo, idama, ichibi, okanye ulwandle. Igqirha liyakwazi ukubizelwa emanzini kwinkqubo yokuthwasa ukuze lifumane isipho sokunyanga nolwazi olugqibeleleyo.
12. Amanzi adlala indima ebalulekileyo kwimisebenzi yamabandla amaninzi e-Afrika. Amakholwa amaninzi akhetha ukuphehlelela imizimba yawo ngokuthi ifakwe kumlambo, kwidama, kwichibi, okanye elwandle. Sisizathu esibalulekileyo ke esi ekugcineni iindawo zamanzi zicocekile kwaye ziphatheke kakuhle.
13. Kanti phaya mandulo, iintsapho ezizilele ukuswelekelwa sisizalwane beziye zisuswe phakathi kwabantu, zihlaliswe ehlathini 'de lidlule ixesha lokuzila. Xa ziphuma apho ehlathini, bekufuneka kuqala zihlambe kwaye zizicoce emlanjeni okanye emfuleni phambi kokuba zidibane noluntu. Kwezinye iindawo zaseMpuma Koloni, eli siko lisenziwa nalapho ufumanisa ukuba abahlolokazi basiwa emlanjeni baye kuhlamba xa kuphele ixesha lokuzila.
14. Xa sijonge le nkqubo yamaXhosa, siphawula uhlobo abaluleke ngawo amanzi ukuze abantu bahlale besempilweni kwakunye nendima ebalulekileyo ayidlalayo kwimpilo yabo. Ngenene, amanzi abubomi, angcwele kwaye ayimpilo.

WATER IN DIE AMAXHOSA-KULTUUR

1. Water is nie net belangrik vir die omgewing en vir die voortbestaan van diere en plante nie. Ook die mens is afhanklik van water om gesond te bly, 'n lewe te bou en te floreer.
2. Water is belangrik vir ons gesondheid omdat drie-kwart van ons liggame uit water bestaan. Net so speel water 'n belangrike rol in elke ander aspek van ons lewe, soos in ons kulturele en godsdienstige rituele.
3. Die meeste groot stede en dorpe in die wêreld is naby aan waterbronne soos damme, riviere, mere en oseane gebou sodat waterweë gebruik kan word om die handel en ekonomie te bevorder.
4. Johannesburg is die enigste wêreldstad wat nie naby aan 'n waterbron gebou is nie. Nog 'n interessante feit oor Johannesburg is dat dit die grootste mensgemaakte woud bevat. Elke boom in Johannesburg is deur mense geplant.
5. Nomadiese stamme in Afrika het nog altyd gesoek na opgaarplekke van water om gewasse te kan verbou en weiding vir hulle beeste te hê.
6. Tradisioneel bou Afrikakulture nie 'n stat naby aan water nie. Sommige mense dink die rede hiervoor is dat Afrikane 'n vrees vir water het. Ander dink weer die geskiedenis van slawehandel het tot hierdie tradisie gelei. Hierdie menings is egter nie waar nie.
7. Die ware rede is dat water in Afrika as 'n kosbare en heilige hulpbron gesien word. Alle waterbronne – riviere, mere, damme en oseane – moet altyd gerespekteer en bewaar word.
8. Net soos in die ander kulture van Afrika, speel water 'n baie belangrike rol in die lewe en kultuur van die amaXhosa. Dit is veral vir hulle betekenisvol in hulle kulturele rituele en godsdienstryke.
9. Wanneer jong seuns berg toe gaan vir hulle inisiasierite, word water as reinigingsmiddel voor die inisiasie gebruik. Die reiniging met water simboliseer hulle oorgang van jong seuns



na volwasse mans. Die water is 'n teken dat hulle hulle ou manier van leef afgewas het en dat hulle nou gereed is vir die nuwe reis as volwassenes wat voorlê.

10. Voordat die jong manne ná hulle inisiasie na die gemeenskap kan terugkeer, moet hulle hulle tyd in die berg ook eers met water afwas. Dit is die laaste reiniging voordat hulle terugkeer huis toe as volwasse mans. Tydens die inisiasierite in die berg word die jong manne geleer om water te respekteer en te bewaar.
11. Die amaXhosa beskou waterbronne as heilige plekke omdat riviere, mere, damme en oseane die woonplek van die voorvaders en verskeie diere is. Water is ook belangrik vir die heiliging en toerusting van die tradisionele genesers, die *izangoma* (meervoud) en *isangoma* (enkelvoud). Geen reis van die *isangoma* is volledig sonder die betrokkenheid van 'n waterbron soos 'n rivier, dam, meer of oseaan nie. 'n Sangoma word na die water geroep deur die proses van *ukuthwasa* om die gawe en kennis van heling te ontvang.
12. Water speel 'n groot rol in die godsdienstige rituele van baie Afrikakerke. Baie gelowiges verkies om gedoop te word deurdat hulle hele liggaam ondergedompel word in 'n rivier, dam, meer of oseaan. Daarom is dit so belangrik dat water onbesoedel sal wees en bewaar sal word.
13. In die verlede is families wat oor die dood van 'n geliefde gerou het uit die gemeenskap weggeneem en in 'n woud gevestig totdat hulle routydperk verby was. Wanneer hulle uit die woud teruggekom het, moes hulle hulle in 'n rivier of stroom gaan was en reinig. In sekere dele van die Oos-Kaap bestaan die ritueel steeds dat weduwees aan die einde van hulle rouproses na 'n rivier geneem word om hulle te was.
14. Uit die kultuur van die amaXhosa sien ons dat water baie belangrik is vir die mens om gesond te bly en om betekenis aan ons lewe te gee. Water is inderdaad lewegewend, heilig en helend.

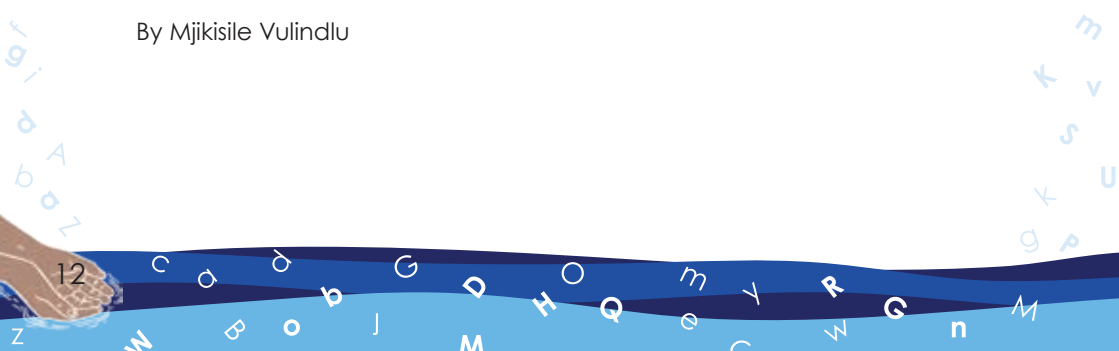
Deur Mjikisile Vulindlu

WATER IN THE AMAXHOSA CULTURE

1. Water is not only important for nature and the survival of animals and plants. People are also dependent on water to stay healthy, build a life and flourish.
2. Water is essential for our health as three-quarters of our bodies consist of water. Water also plays a very important role in every other aspect of our lives, as in our cultural and religious rituals.
3. Most major cities and towns in the world are built close to water resources such as dams, rivers, lakes and oceans to promote and support trade and commerce.
4. Johannesburg is the only major city in the world that was not built near a water source. Another interesting fact about Johannesburg is that it has the biggest man-made forest in the world. People planted every tree in Johannesburg.
5. Nomadic tribes in Africa were always in search of abundant water catchments to grow crops and have grazing for their cattle.
6. Traditionally, African cultures do not build settlements close to water resources. Some people think the reason for this is that African people fear water. Others argue that the slave trade led to this tradition. These arguments, however, are not true.
7. The actual reason for this tradition is that in an African context water is seen as a precious and holy resource. All water resources – rivers, lakes, dams and oceans – should always be respected and preserved.
8. As in other cultures of Africa, water plays a very important role in the life and culture of the amaXhosa. Water is especially meaningful in their cultural rituals and religious practices.
9. When young boys go to the mountain for their initiation ritual, water is used for cleansing before the initiation. This cleansing with water symbolises the rite of passage from boyhood to manhood. The water is a symbol that they washed off their old way of life and are now ready to take on the new journey as adults.

10. Before the young men can return to the community, they have to wash off the time in the mountain with water. This is the last cleansing before they can return home as adults. Part of this initiation ritual is to teach the young men to respect and preserve water.
11. The amaXhosa regards water resources as sacred places for rivers, lakes, dams and oceans are the place where the ancestors and various animals live. Water is also vitally important for the sanctification and equipment of traditional healers, the *izangoma* (plural) and *isangoma* (singular). No journey of an *isangoma* is ever complete without the involvement of a water resource like a river, dam, lake or ocean. A sangoma can be called to the water through the process of *ukuthwasa* to receive the gift and knowledge of healing.
12. Water plays a vital role in the religious rituals of many African churches. Many believers choose to be baptised by their whole body being immersed in a river, dam, lake or ocean. That is also a very important reason to keep our water resources unpolluted and to preserve our water.
13. In the past, families mourning over the death of a beloved were removed from the community and settled in a forest until their mourning period was over. When they came from the forest to join the community again, they had to wash and cleanse themselves in a river or stream. In some areas of the Eastern Cape the ritual is still observed to take widows to a river after their mourning period to wash themselves.
14. From the culture of the amaXhosa, we see how important water is for people to stay healthy and give meaning to their lives. Water is indeed life giving, holy and healing.

By Mjikisile Vulindlu



IINGCEBISO EZILI-10 ZOKONGA AMANZI

Wonke umntu omtsha anganako ukulandela ezi ngcebiso zilishumi zokonga amanzi ekhaya nasesikolweni. Ngokwenza oku, bakuncedisana ekongeni iindawo zethu zamanzi ukuze kuxhamle izizukulwana ezizayo.

1. **Musa ukuyihlamba mihla le impahla yakho.**

Kuyinkcitho yamanzi ukuhlamba impahla yonke imihla. Kungcono uyihlambe yonke impahla yakho emdaka kube kanye evekini.

2. **Hlamba umzimba kanye ngemini.**

Musa ukuhlambela ebhafini kabini ngosuku. Kungcono usebenzise i-shower kunebhafu. Xa ukwi-shower, usebenzisa amanzi amancinci.

3. **Uhlamba ngokukhawuleza kwi-shower kunaxa uhlambela ebhafini.**

Ukuhlamba kwi-shower ngokukhawuleza konga amanzi. Musa ukuthatha ngaphezu kwemizuzu emihlanu kwi-shower. La manzi okuqala abandayo wakhongozele ngebhakethi kwaye uwasebenzise kwenye into efana nokunkcenceshela isitiya okanye ekugungxuleni indlu yangasese.

4. **Musa ukuwabilisa amanzi ukuba uza kuhlambela umzimba kwivaskom.**

Ukuba usebenzisa ivaskom ekuzihlambeni, musa ukuwabilisa amanzi oza kuhlamba ngawo. Oku kuza kubangela uwapholise ngamanzi amaninzi abandayo ukuze abe dikidiki. Ngokuthi uwafudumeze amanzi aphume ingqele, uyakube wonga amanzi nombane, iparafini okanye igesi.

5. **Musa ukuyimanzisa ibhrashi yamazinyo phambi kokuba uhlambe amazinyo.**

Ungawonga amanzi ngokuthi ungayimanzisi ibhrashi yakho yamazinyo phantsi kwempompo yamanzi phambi kokuba uhlambe amazinyo akho. Chathaza intlama yamazinyo kwibrashi yakho wakugqiba uqalise ngokuwahlamba

amazinyo. Amathe akho akuyenza ibhrashi ifume ngokwaneleyo.

6. Yivale impompo lo mzuzu uhlamba amazinyo.

Musa ukuyeka amanzi aphume kwimpompo ngeli lixa uhlamba amazinyo. Kwaye nomlomo ungawupulushi ngamanzi ampompozayo. Wagalele amanzi kwiglas okanye kwikomityi ukuze uxukuxe umlomo.

7. Wonge amanzi abandayo aphuma kwimpompo.

Xa uhlamba kwi-shower okanye uhlamba izitya, musa ukuwayeka nje la manzi okuqala aphuma kwimpompo. Wakhongozele ngesitya uze uwagcinele eminye imisebenzi apha endlini.

8. Sebenzisa isitya xa uhlamba iziqhamo nemifuno.

Xa uhlamba iziqhamo ezifana nama-apile okanye iidiliya okanye imifuno ekrwada, sebenzisa isitya ukuze uwakhongozele la manzi ngeli xesha uhlamba iziqhamo okanye imifuno. Wagcine la manzi esityeni ukuze uwasebenzise kwezinye izinto apha endlini.

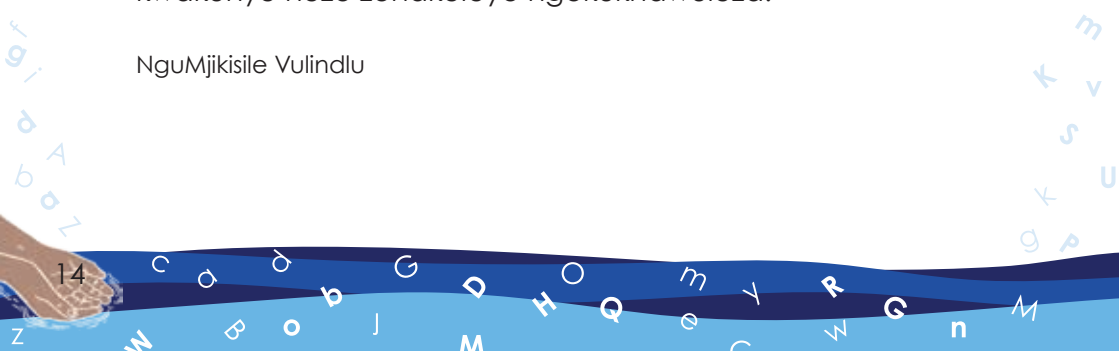
9. Khongozela amanzi emvula.

Wakhongozele amanzi emvula xa kusina. Umzekelo, ungawasebenzisa la manzi ekugungxuleni indlu yangasese, ekunkcenkcesheleni isitya okanye ekuhlambeni impahla.

10. Hlala uphulaphule amanzi athontsizayo.

Xa usekhaya, phulaphula awuvi manzi athontsizayo na. Kusenokwenzeka impompo ayikhange ivalwe kakuhle okanye iyavuzi., okanye umbhobho ugqabhukile. Maxa onke zivalisise kakuhle iimpompo kwaye uzilungise ezo zivuzayo kwakunye nezo zonakeleyo ngokukhawuleza.

NguMjikisile Vulindlu



10 WATERBESPARINGSWENKE

Elke jongmens kan hierdie 10 waterbesparingswenke by die huis en by die skool volg en só saamwerk om ons waterbronne vir toekomstige geslagte te bewaar.

1. Moenie elke dag jou klere was nie.

Om elke dag jou klere te was mors water. Dit is beter om jou vuil klere een keer per week te was.

2. Bad net een keer per dag.

Moenie meer as een keer per dag bad nie. Dit is ook beter om te stort as om te bad, want jy gebruik minder water as jy stort.

3. Stort vinnig in plaas daarvan om te bad.

'n Vinnige stort bespaar baie water. Moenie langer as vyf minute stort nie. Vang die eerste koue water op in 'n emmer en gebruik dit vir iets anders soos om jou tuin nat te maak of die toilet te spoel.

4. Moenie water kook as jy 'n wasbak gebruik om te was nie.

Indien jy 'n wasbak gebruik om te was, moenie water in die ketel kook nie. Dit veroorsaak dat jy baie koue water by die kookwater moet tap om die water lou te kry. Deur die water tot net die regte temperatuur warm te maak bespaar jy water en elektrisiteit, paraffien of gas.

5. Moenie jou tandeborsel nat maak met water nie.

Jy kan water spaar as jy nie jou tandeborsel onder 'n lopende kraan nat maak wanneer jy jou tande wil borsel nie. Sit die tandepasta op jou tandeborsel en borsel jou tande. Jou speeksel sal die borsel klam genoeg maak.

6. Draai die kraan toe terwyl jy jou tande borsel.

Moenie die kraan laat loop terwyl jy jou tande borsel nie. Moet ook nie jou mond uitspoel terwyl die water loop nie. Tap water in 'n glas of 'n koppie om jou mond uit te spoel.

7. Moenie koue water uit die kraan vermors nie.

As jy stort of skottelgoed was, moenie die eerste koue water uit die kraan vermors nie. Vang hierdie water op en gebruik dit iewers anders in die huis of in die tuin.

8. Was vrugte en groente in 'n wasbak of kommetjie af.

As jy vrugte soos 'n appel of duiwe of rou groente afwas, gebruik 'n wasbak of kommetjie om die water op te vang terwyl jy die vrugte of groente afspoel. Hou hierdie water vir ander gebruike in die huis of vir die tuin.

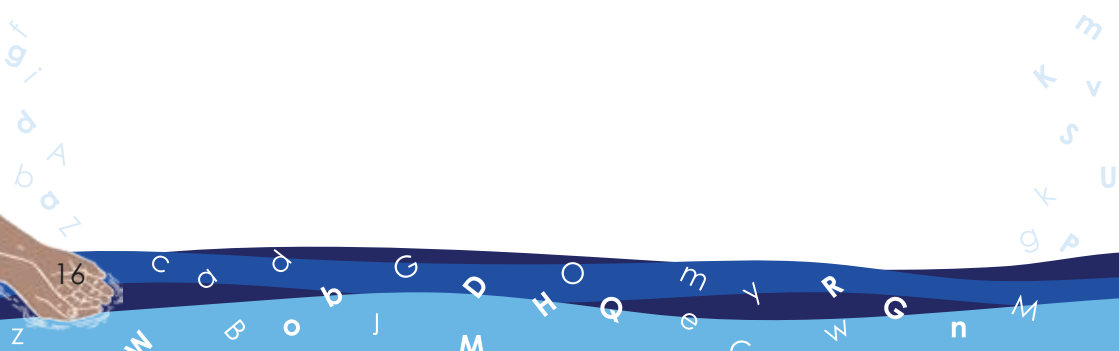
9. Vang reënwater op.

Vang water op wanneer dit reën. Jy kan hierdie water gebruik om die toilet te spoel, die tuin nat te maak, jou klere te was, en so meer.

10. Luister vir waterlekkende in die huis.

Wanneer jy by die huis is, luister of jy iewers hoor water lek. Dit kan wees dat 'n kraan nie goed toegedraai is nie of lek, of dat 'n waterpyp gebars het. Draai alle krane goed toe en maak lekkende krane en stukkende waterpype dadelik reg.

Deur Mjikisile Vulindlu



10 WATER SAVING TIPS

Every young person can follow these 10 water saving tips at home and at school. By doing this, they will contribute to save our water resources for future generations.

1. Do not wash your clothes every day.

Washing your clothes every day wastes water. It is better to wash all your dirty clothes once a week.

2. Take a bath only once a day.

Do not take a bath more than once a day. It is also better to shower than to take a bath. When you shower, you use less water.

3. Take a quick shower instead of taking a bath.

A quick shower saves water. Do not spend more than five minutes in the shower. Collect the first cold water in a bucket and use it for something else, such as watering the garden or flushing the toilet.

4. Do not boil water if using a washbasin to wash yourself.

If you use a washbasin to wash yourself, do not boil water in a kettle. This will require you to add a lot of cold water to the boiled water to cool it down to lukewarm. By warming the water until it is just the right temperature you will save water and electricity, paraffin or gas.

5. Do not wet your toothbrush before brushing your teeth.

You can save water by not wetting your toothbrush under a running tap before brushing your teeth. Put the toothpaste onto your toothbrush and start brushing your teeth. Your saliva will make the brush moist enough.

6. Turn off the tap while brushing your teeth.

Do not let the tap water run while brushing your teeth. Also, do not rinse your mouth with running water. Fill a cup or glass with water to rinse your mouth.

7. Do not waste cold water coming from a tap.

When you shower or wash the dishes, do not waste the first cold water from the tap. Collect this water and keep it for other uses in the house or for the garden.

8. Use a basin or bowl to wash fruit and vegetables.

When you wash fruit like an apple or grapes or raw vegetables, use a basin or bowl to collect the water while you rinse the fruit or vegetables. Keep this water for other uses in the house or for the garden.

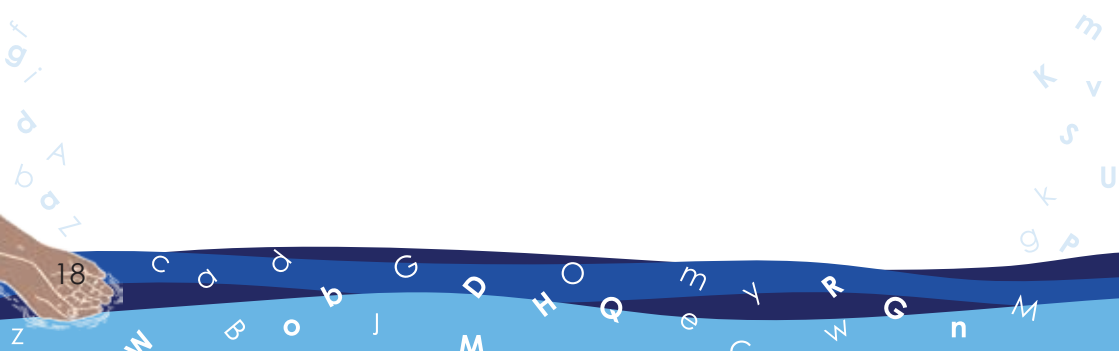
9. Collect rainwater.

Collect water when it rains. You can use this water, for example, to flush the toilet, water the garden or wash your clothes.

10. Listen for water leaks at home.

When you are at home, listen if you can hear water dripping. It could be that a tap was not closed properly or is leaking, or that a water pipe has burst. Always close taps properly and repair leaking taps and broken water pipes immediately.

By Mjikisile Vulindlu



IZACI NAMAQHALO ESIXHOSA NGAMANZI

isiXhosa-idiome en -spreekwoorde oor water
isiXhosa idioms and proverbs about water



ISIBINDI

DAPPERHEID COURAGE

Ukuthwala amanzi ngesifuba.

Oku kuthetha umntu okwaziyo ukwenza izinto ezibonwa zingenokwenzeka. Umzekelo, indadi ekwaziyo ukuwela umlambokazi ogqumayo ngamanzi.

Direkte vertaling Direct translation

Afrikaans: Om water op jou borskas te dra.

Dit verwys na goeie swimmers wat 'n onstuimige rivier oorsteek.

English: To carry water on your chest.

It refers to competent swimmers crossing a roaring river.



In **Afrikaans** kan ons sê: *Die stormwater trotseer.*

In **English** one can say: *Brave the stormy waters.*

UBUSHUSHU

HITTE HEAT

Ilanga likhupha intlanzi amanzini.

Ilanga lishushu kakhulu kangangokuba intlanzi iphuma emanzini ngenxa yobushushu bamanzi.

Direkte vertaling Direct translation

Afrikaans: Die son is so warm dat die visse buite die water na suurstof soek.

Die son kook die water.

English: The sun is so hot that the fish are jumping out of the water for oxygen.

The sun boils the water.



In **Afrikaans** kan ons sê: *Die kraaie gaap.*

In **English** one can say: *It's a scorcher out there.*

INGULO

SIEKTE ILLNESS

Isisu sigabh' amasi, sode sigabh' amanzi.

Xa umntu egula yaye nesisu singenako ukugcina amasi, bekusaziwa ukuba loo mntu ugulela ukufa kuba namanzi, la alithemba lokugqibela, angekhe ahlale esuswini. Oku kuthetha umntu ogulela ukufa.

Direkte vertaling ♦ **Direct translation**

Afrikaans: Die maag wat nie suurmelk kan binnehou nie, sal binnekort ook sukkel om water binne te hou.

Die persoon lê op sterwe.

English: The stomach that cannot keep sour milk down, will soon not be able to keep water down.

The person is dying.

In **Afrikaans** kan ons sê: *Op sterwe na dood lê, of: Op sy laaste bene wees.*

In **English** one can say: *To be at death's door.*

IINKANI

HARDKOPPIGHEID STUBBORNNESS

Ngamatye asemanzini.

Oku kuthetha umntu oneenkani okanye into engasoze iguquke. Nokuba ilitye sele lisemanzini, ubunjani balo abujiki. Lihlala lilolwahlobo lililo.

Direkte vertaling Direct translation

Afrikaans: Die klip lê in die stroom, maar verweer (verander) nooit nie.

'n Hardkoppige persoon weier om te verander.

English: The stone is in the water, but never changes shape.

A stubborn person sticks to his/her old ways.



In **Afrikaans** kan ons sê: *Iemand kan nie sag kook nie.*

In **English** one can say: *To dig your heels in.*

UKUXHOMEKEKA ETYWALENI ALKOHOLISME ALCOHOLISM

Indla-manzi.

Ukuthanda ukusela utywala kakhulu. Indla-manzi ngulowo usela kakhulu utywala.

Direkte vertaling • **Direct translation**

Afrikaans: Om water te eet.

In isiXhosa word 'n alcoholic "die een wat water eet" genoem.

English: To eat water.

In isiXhosa an alcoholic is called "the one who eats water".



In **Afrikaans** kan ons sê: *Drink soos 'n vis.*

In **English** one can say: *Drink like a fish.*



UKUNCOMA

BEWONDERING ADMIRATION

Abathumani manzi.

Ngoontanga. Okanye abantu abalinganayo ngeminyaka.

Direkte vertaling Direct translation

Afrikaans: Hulle stuur mekaar nie om water te gaan haal nie.

Hulle het nie aanmoediging nodig om te doen wat hulle moet doen of om te wees wie hulle is nie.

**Hierdie idioom se oorsprong lê in bewondering vir iemand wat vreugde vind in die moeilike taak om water oor lang afstande in die landelike gebiede te gaan haal en te dra.*

English: They do not send each other to fetch water.

They do not need encouragement to do what they should do or to be who they are.

**The root of this proverb lies in the admiration for those who joyfully execute the difficult task of fetching and carrying water over long distances in rural areas.*

In **Afrikaans** kan ons sê: *Jou hoed vir iemand afhaal.*

In **English** one can say: *Take your hat off to someone.*

INGOZI GEVAAR DANGER

Amanz' angen' endlwini.

*Ingxaki igalelekile okanye ifikile.
Ukuba sengxakini enkulu.*

Direkte vertaling  **Direct translation**

Afrikaans: Water stroom die huis binne.

Daar dreig onafwendbare gevaar.

English: Water is streaming into the house.

Unavoidable danger is approaching.



In **Afrikaans** kan ons sê: *In diep water beland.*

In **English** one can say: *To be in deep waters.*

UTYHAFISO

ONTMOEDIGING DISCOURAGEMENT

Ukugalela amanzi.

Ukutsalela umntu ezantsi, umtyhafise ukuze angaphumeleli kwiinzame zakhe.

Direkte vertaling ◊ **Direct translation**

Afrikaans: Gooi die water.

Om iemand se geesdrif te demp of hulle pogings te stuit.

English: Pouring the water.

To dampen someone's spirit or hinder their efforts.



In **Afrikaans** kan ons sê: *Koue water op iemand se planne gooi.*

In **English** one can say: *To pour cold water on someone's plans.*

INDLALA HONGERTE HUNGER

Ukulala ngamanzi.

Indlala.

Direkte vertaling ◊ **Direct translation**

Afrikaans: Om met water in jou maag te (gaan) slaap.

Om honger te gaan slaap (sonder vastekos).

English: Going to bed with water in your stomach.

Going to bed hungry (without solid food).



In **Afrikaans** kan ons sê: *Op 'n leë maag (gaan slaap).*

In **English** one can say: *(Going to bed) on an empty stomach.*

INTUTHUZELO

VERTROOSTING CONSOLATION

Ukuseza amanzi.

Ukumxolisa umntu okanye ukumcebisa ngcono.

Direkte vertaling ♦ **Direct translation**

Afrikaans: Om iemand water te gee.

Om iemand te vertroos of raad te gee.

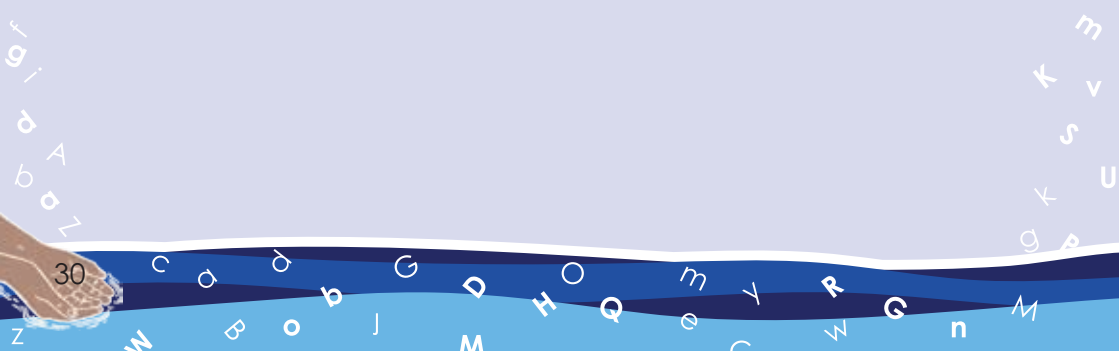
English: To give someone water.

To comfort someone or give them advice.



In **Afrikaans** kan ons sê: *Balsem oor die wonde giet.*

In **English** one can say: *Pour balm on the wounds.*



UKUNGABI NATHEMBA

HOPELOOSHEID HOPELESSNESS

Intlanzi etshelwe ngamanzi.

Kukushiyeka ungenathemba okanye ungenalo uncedo.

Direkte vertaling Direct translation

Afrikaans: 'n Vis se water het opgedroog.

Om sonder hoop of uitkoms te wees.

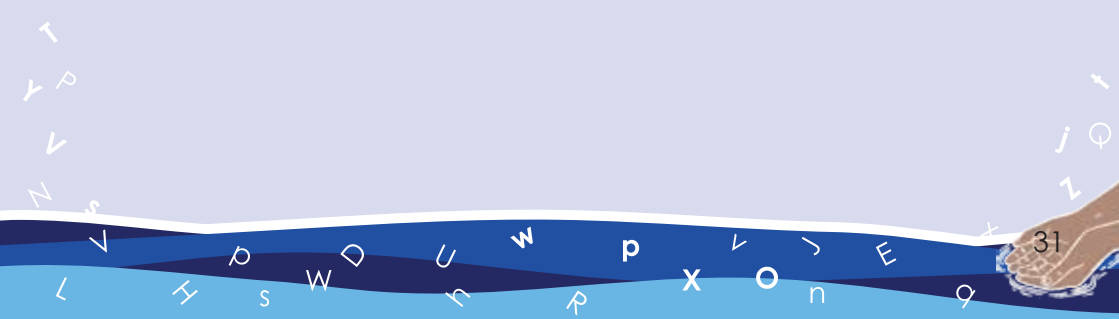
English: A fish on dry ground for the water has dried up.

To have no hope or means of escape.



In **Afrikaans** kan ons sê: *Soos 'n vis op droë grond wees.*

In **English** one can say: *Like a fish out of water.*



UBUHLE

SKOONHEID BEAUTY

Amanz' andonga.

Ubuhle

Direkte vertaling • **Direct translation**

Afrikaans: Water uit die waterval (die oorsprong).

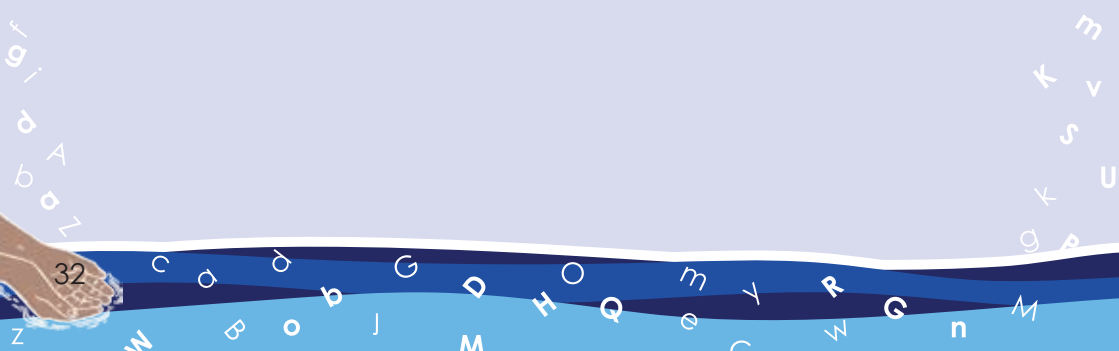
Suiwer skoonheid. Wanneer jy na 'n waterval kyk, lyk dit asof die oorsprong van die water die val self is, soos die skenk van geboorte.

English: Water from the waterfall (the source).

Pure beauty. When you are looking at a waterfall, it seems as if the origin of the water is the fall itself, like giving birth.

In **Afrikaans** kan ons sê: *iets of iemand is van die suiwerste water.*

In **English** one can say: *Something or someone is of the purest lustre.*



ITHAMSANQA GELUK LUCK

Ndiyakuhlamb' ezantsi kwakho.

Xa ungenawo amathamsanqa okanye intlahla, uyakusoloko ulandela ekhondweni lomntu onawo ngethemba lokuba uyakuwafumana.

Direkte vertaling ♦ Direct translation

Afrikaans: Ek sal stroomaf van jou bad of was.

Ek wil hê jou geluk en voorspoed moet oor my spoel.

English: I will bath or wash downstream from where you are taking a bath.

I want your luck and good fortune to wash over me.



In **Afrikaans** kan ons sê: *Die geluk loop hom/haar agterna.*

In **English** one can say: *Good luck follows the brave.*

UMANYANO

SAAMWEES COMMUNITY

Zisela mfuleni mnye.

Abantu abavanayo kakhulu.

Direkte vertaling • **Direct translation**

Afrikaans: Om van dieselfde stroom te drink.

Om baie gemeen te hê.

English: To drink from the same stream.

To have lots in common.



In **Afrikaans** kan ons sê: *Ons drink van dieselfde stroompie.*

In **English** one can say: *We drink from the same stream.*

ESEMATHENI

BRANDPUNT HOT TOPIC

Sekuselwa ngayo.

Into ekusoloko kuthethwa ngayo okanye ekubuzwa ngayo impilo. Okanye into esematheni.

Direkte vertaling ◊ Direct translation

Afrikaans: Dis op elke tong (by die drinkplek).

Almal praat daaroor (by die drinkplek).

English: It is on every tongue (at the drinking place).

Everyone is talking about it (at the drinking place).



In **Afrikaans** kan ons sê: *Dis op almal se lippe.*

In **English** one can say: *It set the tongues wagging.*

UBUVILA LUIHEID LAZINESS

Ukukha amanzi ngengxowa.

Kukuthanda umsebenzi olula, kanti uzenzela nzima.

Direkte vertaling ♦ Direct translation

Afrikaans: Soos 'n watersak (wat wag om gevul te word).

Om lui te wees of om swak werk te lewer.

English: Like a water bag (waiting to be filled).

To be lazy or doing your work poorly.



In **Afrikaans** kan ons sê: *As die son sak in die weste, is lui aard op sy beste.*

In **English** one can say: *Lazybones, or: Bone-idle.*

UZINGISO

VOLHARDING PERSEVERANCE

Inja ixhapha amanzi ngolwimi.

Umntu ozamayo ude aphumelele kwiinzame zakhe.

Direkte vertaling ◊ **Direct translation**

Afrikaans: 'n Hond drink water met sy tong.

Die aanmoediging om te volhard. As 'n hond water met sy tong kan "skep", kan enigeen sy of haar doelwitte bereik.

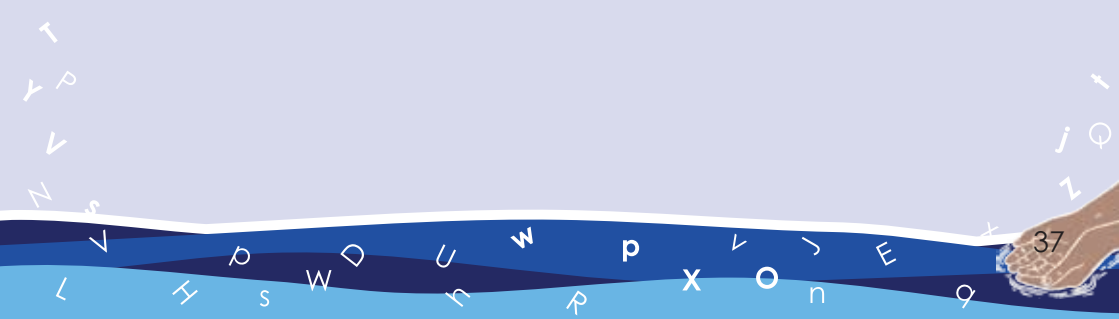
English: A dog drinks water with his tongue.

The encouragement to persevere. If a dog can "scoop" up water with its tongue, anyone can achieve their goals.



In **Afrikaans** kan ons sê: *Aanhouer wen.*

In **English** one can say: *Hang in there, or: Buckle down.*



UZINGISO

DEURSETTINGSVERMOË ENDURANCE

Isiziba siviwa ngodondolo.

Kutshiwo xa kulunyukiswa umntu ukuba makalondla-londle (makaphonononge) phambi kokuziphosa entweni.

Direkte vertaling ♦ **Direct translation**

Afrikaans: Diep water word met 'n lang stok getoets.

Die aanmoediging om te volhard. Die diep water simboliseer die uitdaging en die lang stok is die simbool vir geduldige probeerslae.

English: Deep water is tested with a long stick.

The encouragement to persevere. The deep water is a symbol of the challenge and the long stick is the symbol of efforts repeated patiently.



In **Afrikaans** kan ons sê: *Probeer is die beste geweer.*

In **English** one can say: *Leave no stone unturned.*

OKUNOKWENZEKA

WAARSKYNNLIKHEID PROBABILITY

Ingcibi yamanzi ifa ngamanzi, eyezikhali ngezikhali.

Ubomi obuphilayo buchaza uhlobo oza kufa ngalo.

Direkte vertaling ◊ **Direct translation**

Afrikaans: Iemand wat met water werk, sterf van die water soos 'n professionele soldaat in die oorlog sterf.

Hoe jy kies om te lewe, bepaal hoe jy sterwe.

English: Someone who works with water, dies from the water, as a veteran soldier dies in the war.

We are likely to die according to how we live.



In **Afrikaans** kan ons sê: *Soos jy lewe, so sal jy sterwe.*

In **English** one can say: *Live by the sword, die by the sword.*

UKWAMKELWA

AANVAARDING ACCEPTANCE

Amanzi ayadedelana.

Amanzi awami ndawonye, anika amanye ithuba lokuhamba. Ngamanye amazwi oku kuthetha ukuhamba nomsinga. Ukuhamba naba hambayo.

Direkte vertaling ♦ Direct translation

Afrikaans: Water(s) gee mekaar ruimte.

Waar twee riviere saamvloei, word hulle een.

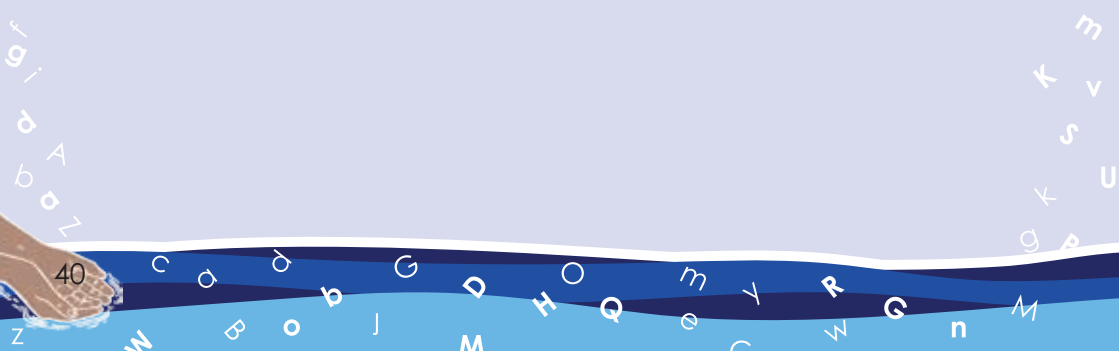
English: Water(s) give each other space.

Where two rivers meet, they become one.



In **Afrikaans** kan ons sê: *Saam met die stroom gaan.*

In **English** one can say: *To go with the flow.*



INTSEBENZISWANO

SAMEWERKING COLLABORATION

Izandla ziyahlambana.

Ukuncedana.

Direkte vertaling ◊ **Direct translation**

Afrikaans: Twee hande was mekaar.

Om mekaar by te staan in die gees van ubuntu.

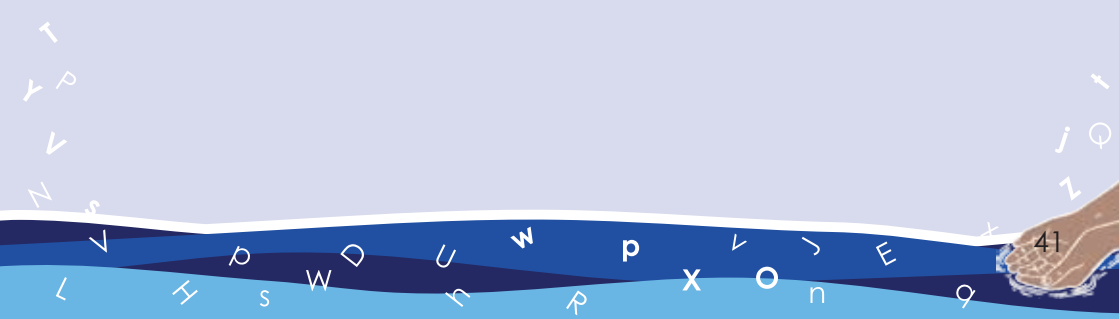
English: Two hands washing each other.

To support one another in the spirit of ubuntu.



In **Afrikaans** kan ons sê: *Die een hand was die ander hand.*

In **English** one can say: *One hand washes the other.*



INDALO YABANTU

MENSLIKE NATUUR HUMAN NATURE

Akukho mlanjana ungagqumiyo.

Awukwazi kuthula kuphele. Uyakuthetha oko ukucingayo ngaphakathi. Okucingwa yintliziyo, kuthethwa ngumlomo.

Direkte vertaling ♦ Direct translation

Afrikaans: Elke stroom (groot of klein) het sy eie dreuning. Geen rivier is stil nie.

Almal wat sterk oor iets voel, sukkel om daaroor stil te bly.

English: There is no brook (big or small) that does not rumble. No river is silent.

Everyone who feels strongly about something, will struggle to keep quiet about it.

In **Afrikaans** kan ons sê: *Waar die hart van vol is, loop die mond van oor.*

In **English** one can say: *What the heart thinks, the tongue speaks.*

AFRIKAANSE IDIOME EN SPREEKWOORDE OOR WATER

Izaci namaqhalo esi-Afrikaans ngamanzi
Afrikaans idioms and proverbs about water



AANMOEDIGING INKUTHAZO ENCOURAGEMENT

Water op sy/haar meul.

Net wat hy/sy wil hê.

Inguqulo ngqo • **Direct translation**

IsiXhosa: Amanzi akwilitye lakhe lokusila.

Yile nto kanye umntu afuna yenzeke.

English: Water to one's mill.

Playing into someone's hands.



NgesiXhosa singathi: *Yile nto kanye umntu afuna yenzeke okanye ebefuna yenzeke. Okanye into ebekukudala eyilangazelela.*

In **English** one can say: *Grist to one's mill.*

ERGSTE UBUBI WORST

'n Skurk van die eerste water.

'n *Besonder groot beef.*

Inguqulo ngqo  **Direct translation**

isiXhosa: Intswela-boya yamanzi okuqala.

Umntu otshatsheleyo kwisigezo.

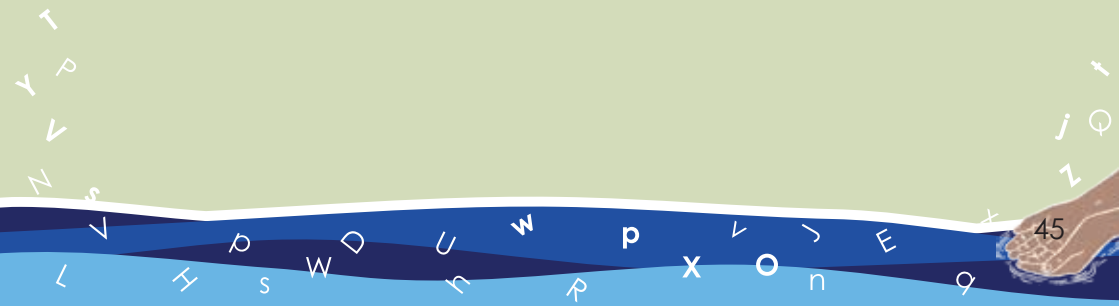
English: A rogue of the first water.

One of the biggest rogues ever.



NgesiXhosa singathi: *Intswela-boya etshatsheleyo.*

In **English** one can say: *A rogue of the first water.*



GELD

IMALI MONEY

Water loop altyd see toe.

Iemand wat baie geld het, kry maklik nog meer.

Inguqulo ngqo  **Direct translation**

IsiXhosa: Amanzi ahlala esiya elwandle.

Kulula kumntu onemali ukwenza enye imali.

English: Water always flows to the sea.

The more money you have, the easier it becomes to make even more money.



NgesiXhosa singathi: *Imali iya emalini.*

In **English** one can say: *Money begets money.*

NOOD

UXINZELELO DISTRESS

Wanneer die water tot aan die lippe kom.

In groot nood beland.

Inguqulo ngqo  **Direct translation**

IsiXhosa: Xa amanzi efika emilebeni.

Kukuphela usezingxakini.

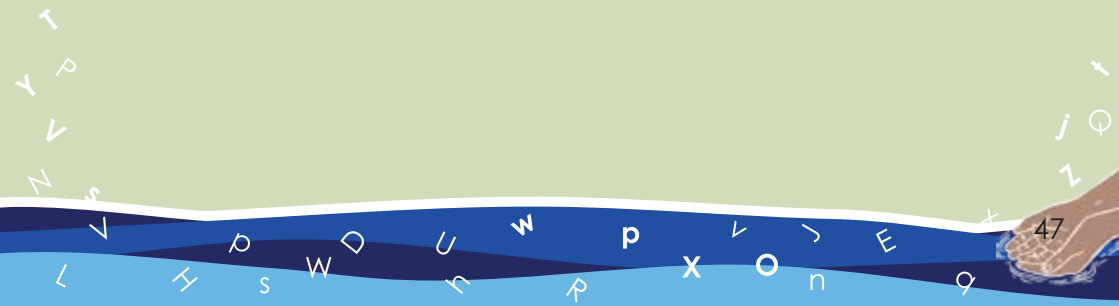
English: When the water touches the lips.

End up in deep trouble.



NgesiXhosa singathi: *Ukuntyumpantyumpeka eludakeni.*

In **English** one can say: *If worst comes to worst.*



ONMOONTLIK OKUNGENAKWENZEKA IMPOSSIBLE

Water in 'n mandjie dra.

lets onmoontlik probeer doen.

Inguqulo ngqo ◊ **Direct translation**

IsiXhosa: Ukuthutha amanzi ngebhaskithi.

Kukuzama ukwenza into engasoze yenzeke.

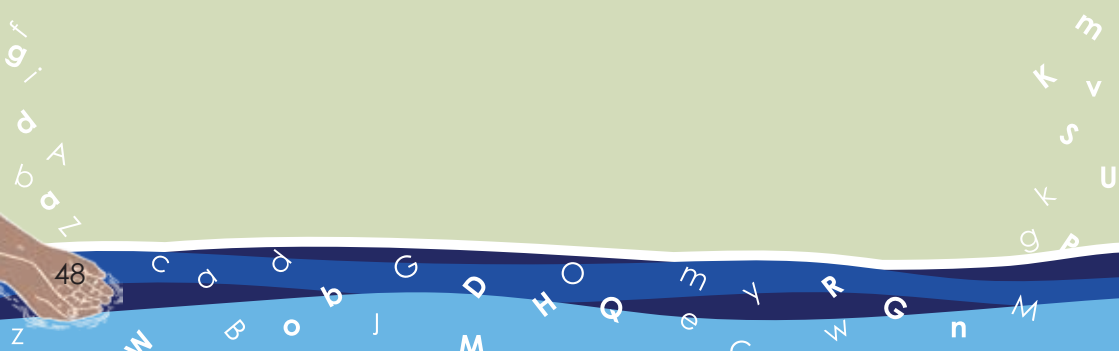
English: Carrying water in a basket.

Trying to do the impossible.



NgesiXhosa singathi: *Ukuthutha amanzi ngengxowa.*

In **English** one can say: *Carrying water in a sieve.*



ONTMOEDIG UKUTYHAFISA DISCOURAGE

Koue water op iemand (se planne) gooi.

Iemand se geesdrif demp.

Inguqulo ngqo ◊ **Direct translation**

IsiXhosa: Ukugalela umntu ngamanzi abandayo.

Kuxa utyhafisa umntu angaphumeleli kwiinzame zakhe.

English: Pour cold water on someone.

To discourage someone.



NgesiXhosa singathi: *Ukugalela iinzame zomntu ngamanzi.*

In **English** one can say: *Pouring cold water (on someone's plans or enthusiasm).*

ONVERSOENBAAR UKUNGAXOLELANI IRRECONCILABLE

Soos water en vuur.

Geswore vyande.

Inguqulo ngqo  **Direct translation**

IsiXhosa: Njengamanzi nomlilo.

Abantu abangavaniyo.

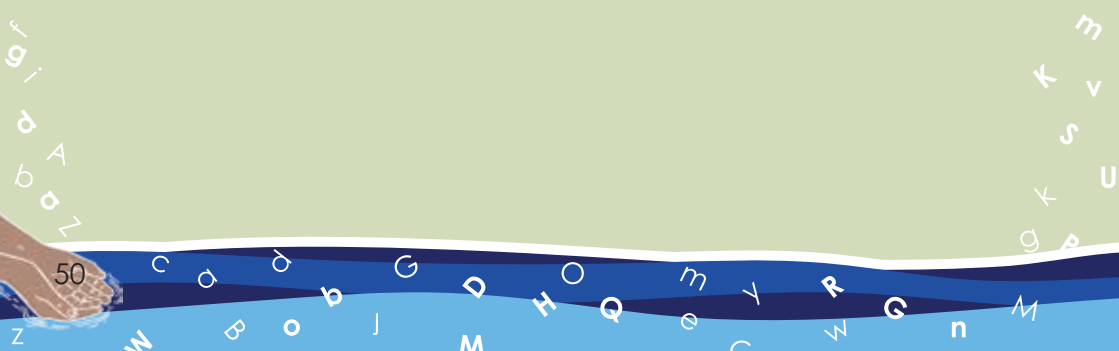
English: Like water and fire.

Sworn enemies.



NgesiXhosa singathi: *Inyoka nesele.*

In **English** one can say: *At daggers' edge.*



OORBODIG

OKUNGAFUNEKIYO SUPERFLUOUS

Water na die see dra.

Onnodige werk doen.

Inguqulo ngqo ◊ **Direct translation**

IsiXhosa: Ukuthuthela amanzi elwandle.

Ukuchitha ixesha usenza into engabalulekanga.

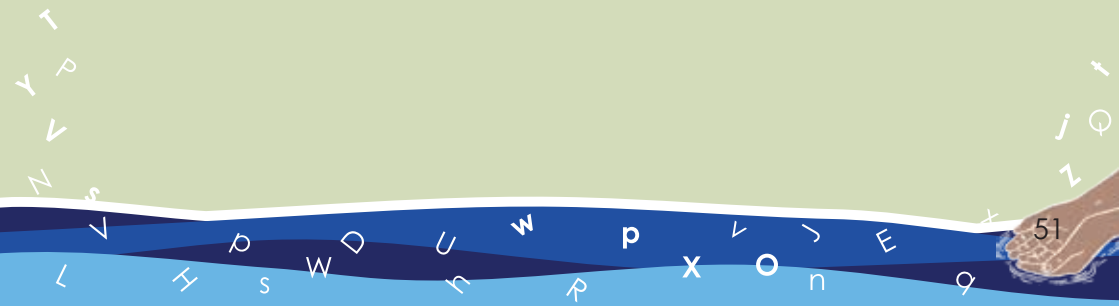
English: Carrying water to the sea.

Doing something that is unnecessary.



NgesiXhosa singathi: *Ukuthuthela amanzi elwandle.*

In **English** one can say: *Carrying coals to Newcastle.*



REG OKUCHANEKILEYO CORRECT

Daar's water.

Wat jy doen of sê, is presies reg.

Inguqulo ngqo  **Direct translation**

IsiXhosa: Nangoke amanzi.

Kukutsho emxholweni.

English: There's water.

What you do or say, is exactly correct.



NgesiXhosa singathi: *Uchan' ucwethe.*

In **English** one can say: *Spot on!*

GEHEIMSINNIG UKUFIHLA SECRETIVE

**Stille waters, diepe grond, onder draai die
duiwel rond.**

*Stil mense het dikwels verborge planne om kwaad
te doen.*

Inguqulo ngqo ◊ **Direct translation**

IsiXhosa: Ngaphantsi kwamanzi azolileyo nomhlaba onzulu
kulapho kuhlala khona umtyholi.

Umntu othuleyo angakothusa ngezenzo ezimbi.

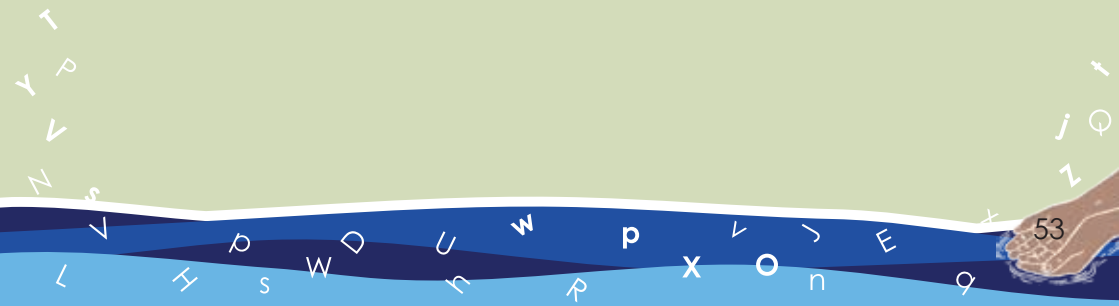
English: Quiet waters, deep ground, underneath it all the devil
dwells.

A quiet person may surprise you with hidden plans to do evil.



NgesiXhosa singathi: *Amanzi azolileyo anzulu.*

In **English** one can say: *Still waters run deep.*



TOEKOMS IKAMVA FUTURE

Daar sal nog baie water in die see moet loop.

Daar sal nog baie dinge moet gebeur (voordat iets anders kan gebeur).

Inguqulo ngqo ◊ **Direct translation**

IsiXhosa: Kusafuneka amanzi amaninzi ahambele ngaselwandle.

Kukho izinto ezininzi ekusafuneka zenzeke phambi kokuba kubekho okunye okuqhubekayo.

English: A lot of water will still have to run into the sea.

A lot of things will still have to happen (before something else can happen).



NgesiXhosa singathi: *Kukho izinto ezininzi ekusafuneka zenzeke phambi kokuba kubekho okunye okuqhubekayo.*

In **English** one can say: *Lots of water will have to flow under the bridge.*

UITBUIT UKUXHAPAHAZA EXPLOIT

In troebel water visvang.

Voordeel vir jouself probeer trek uit 'n verwarrende situasie.

Inguqulo ngqo  **Direct translation**

IsiXhosa: Ukuloba intlanzi kumanzi amdaka.

Ukungena kwimeko engenamva namphambili ngethemba lokufumana inzuzo.

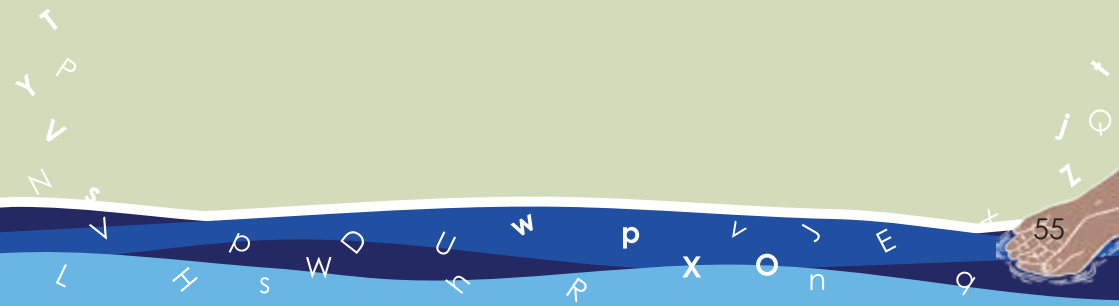
English: To fish in murky waters.

To try taking advantage of a confusing situation.



NgesiXhosa singathi: *Ukuthatha ithuba gwenxa.*

In **English** one can say: *Fishing in troubled waters.*



VERKWIS INKCITHO WASTE

Geld in die water gooi.

Geld verkwis.

Inguqulo ngqo  **Direct translation**

IsiXhosa: Ukulahla imali emanzini.

Kukusebenzisa imali ngendlela engafanelekanga

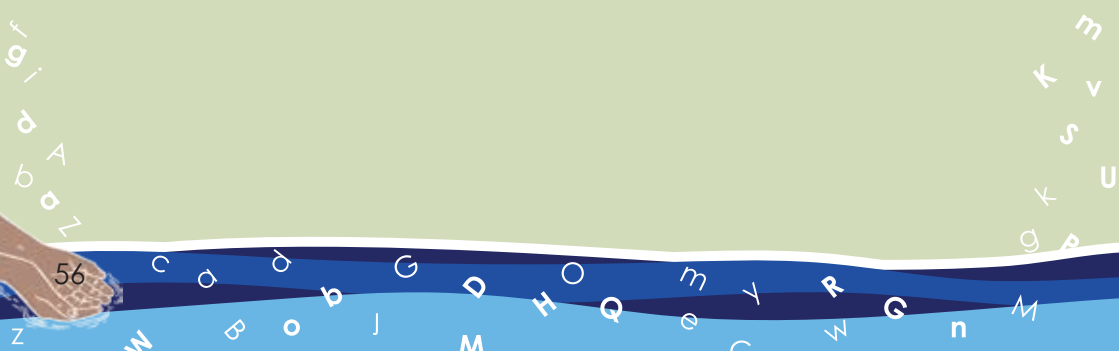
English: Throw money in the water.

Spend money recklessly.



NgesiXhosa singathi: *Ukudlala ngemali.*

In **English** one can say: *Throw money out the window.*



VERSIGTIG UKULUMKA CAUTIOUS

Jou met koue water brand.

Baie versigtig optree.

Inguqulo ngqo ◊ **Direct translation**

IsiXhosa: Ukuzitshisa ngamanzi abandayo.

Kukulumka kakhulu.

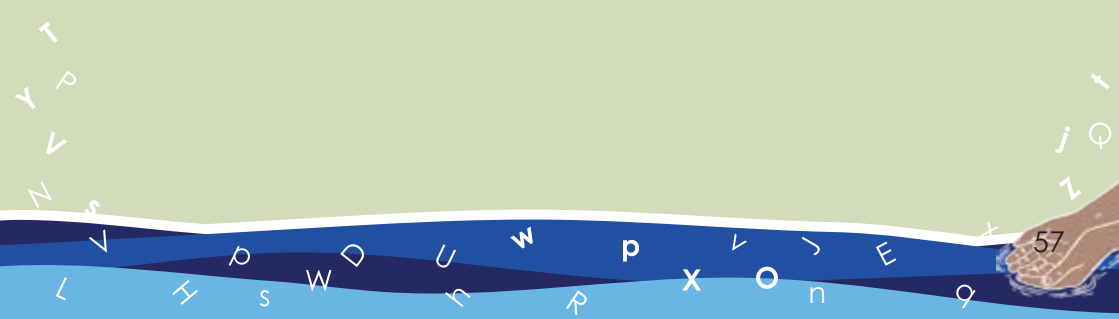
English: Burn yourself with cold water.

To be excessively cautious.



NgesiXhosa singathi: *Ukulumka kakhulu.*

In **English** one can say: *To be over-cautious.*



SORGSAAM UKULUMKA HEEDFUL

Moenie vuil water weggooi voor jy skoon water het nie.

Moenie van 'n ou ding ontslae raak voordat jy 'n nuwe een het nie.

Inguqulo ngqo Direct translation

IsiXhosa: Musa ukulahla amanzi amdaka ungekabinawo ahlaziyekileyo.

Akufunekanga ulahle into osele unayo ungenalo ithemba lokufumana entsha.

English: Don't throw away dirty water before you have fresh water.

Don't get rid of something before you have found a new replacement.



NgesiXhosa singathi: *Ukulahla imbo yakho ngophoyiyana.*

In **English** one can say: *Do not drop the substance for the shadow.*

ONGESTOORD VOORTGAAN UKUNGAPHAZANYISWA CONTINUING UNDISTURBEDLY

Gods water oor Gods akker laat loop.

Sake hulle gang laat gaan.

Inguqulo ngqo  **Direct translation**

IsiXhosa: Amanzi kaThixo mawawele kumhlaba kaThixo.

Kukuvumela imeko yenze intando yayo.

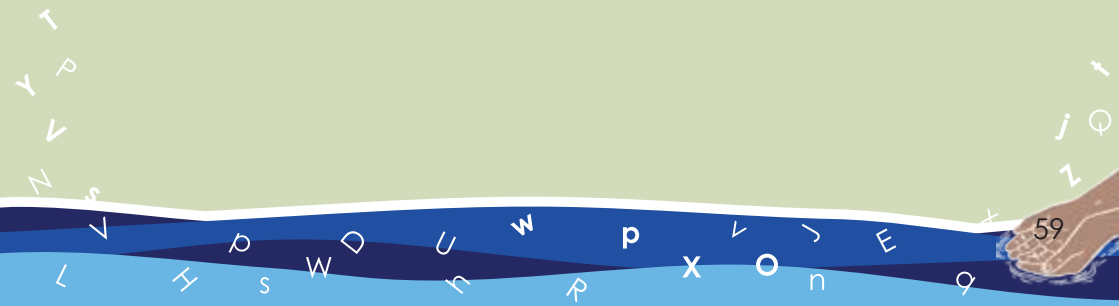
English: Let God's water run over God's earth.

Let things take their course.



NgesiXhosa singathi: *Makubenjalo.*

In **English** one can say: *Let things slide.*



VOLHARDING

UKUZINGISA PERSEVERANCE

Kop bo water hou.

Met moeite voortgaan.

Inguqulo ngqo ♦ **Direct translation**

IsiXhosa: Ukugcina intloko ingaphezu kwamanzi.

Ukuzama ukuphila phantsi kweemeko ezinzima.

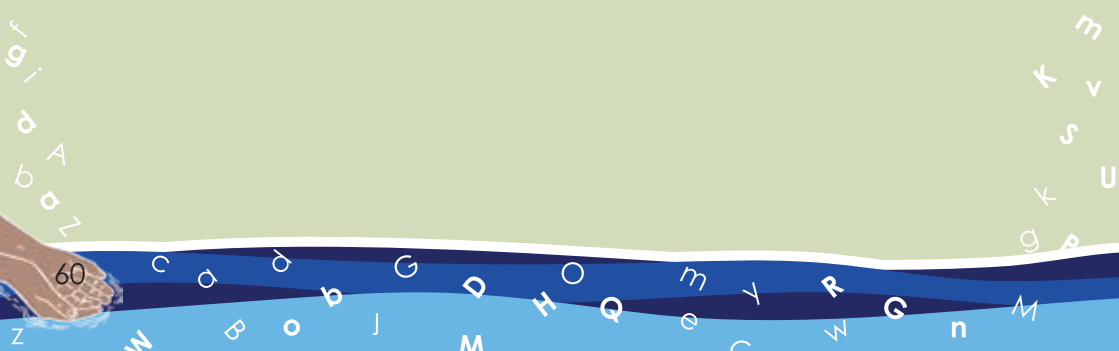
English: Keeping head above water.

Barely surviving.



NgesiXhosa singathi: *Ukuthundeza ubhityo.*

In **English** one can say: *Keeping one's head above water.*





OORDRYF ISIBAXO EXAGGERATE

Die baba saam met die badwater uitgooi.

Om ook die goeie deel van 'n bepaalde saak saam met die slegte deel daarvan te verwerp.

Inguqulo ngqo 💧 **Direct translation**

IsiXhosa: Ukulahla usana namanzi ebeluhlambelo kuwo.

Ukulahla into entle xa kanye uzama ukulahla leyo ingafunekiyo/ imbi.

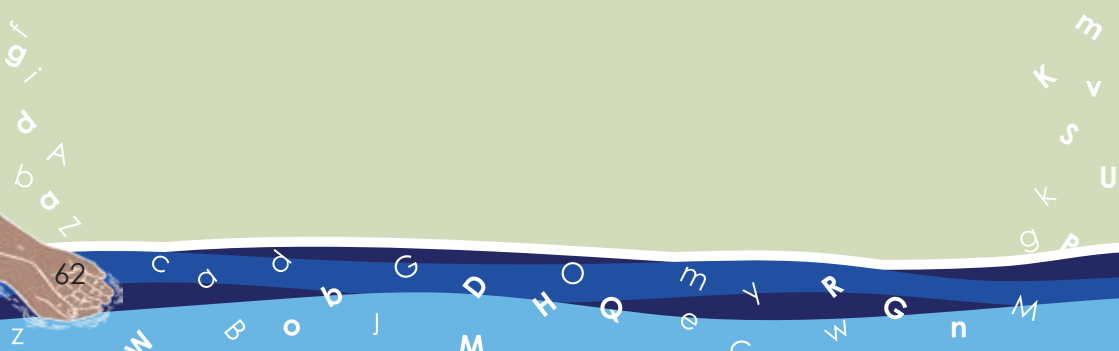
English: Throw out the baby with the bathwater.

Loose valuable ideas while attempting to get rid of what is unwanted.



NgesiXhosa singathi: *Ukuphoswa yinzuzo ulibele kukugxeka.*

In **English** one can say: *Throw out the baby with the bathwater, or: Cut your nose to spite your face.*



ONGEËRG

UKUNGAVAKALELWA INDIFFERENT

Soos water op 'n eend se rug.

Om jou nie te steur aan 'n teregwysing nie.

Inguqulo ngqo ◊ **Direct translation**

IsiXhosa: Njengamanzi kumqolo wedada.

Into engenafuthe okanye impembelelo.

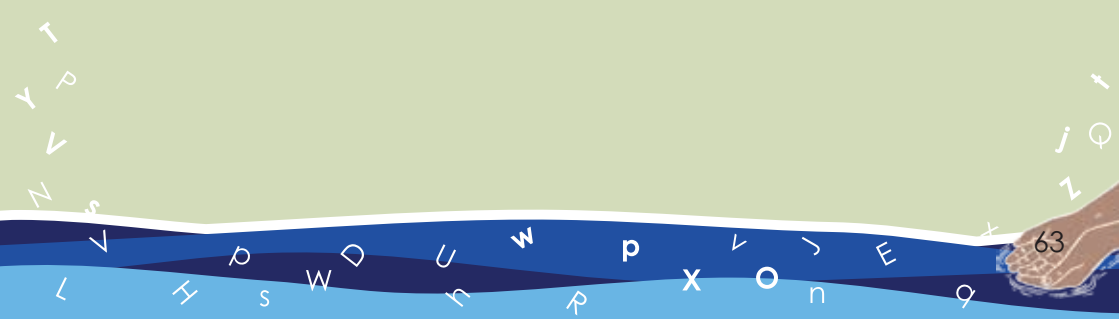
English: Like water off a duck's back.

A rebuke having no effect on the person being corrected.



NgesiXhosa singathi: Njengamanzi kumqolo wedada.

In **English** one can say: *Like water off a duck's back.*



KALMEER INZOLO CALM

Olie op die golwe/water stort.

Die gemoedere laat bedaar.

Inguqulo ngqo ✦ **Direct translation**

IsiXhosa: Ukugalela i-oyile kumaza okanye emanzini.

Kukuzisa inzolo kwimeko emaxongo.

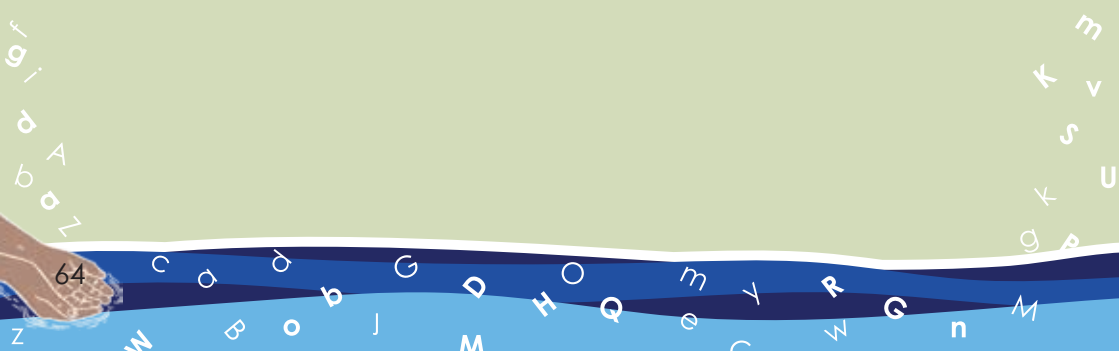
English: Pouring oil on the waves/water.

Trying to bring calmness to a tense situation.



NgesiXhosa singathi: *Ukuhlanganisa imihlambi eyalanayo.*

In **English** one can say: *Pouring oil on troubled waters.*



GESONDHEID IMPILO HEALTH

So gesond soos 'n vis in die water.

Om baie gesond te wees of te floreer in jou omgewing.

Inguqulo ngqo ◊ **Direct translation**

IsiXhosa: Ukuba sempilweni okwentlanzi emanzini.

Oku kuthetha ukuba sempilweni entle kakhulu.

English: As healthy as a fish in water.

To be in good health or thriving in your environment.



NgesiXhosa singathi: *Ukuba yintlanzi emanzini. Okanye ukuba mqabaqaba.*

In **English** one can say: *Hale and hearty.*

GEWILLIGHEID UKUVUMA WILLINGNESS

Jy kan 'n perd tot by water bring, maar jy kan hom nie dwing om te drink nie.

Jy kan iemand raad gee, maar hulle nie dwing om dit te volg nie.

Inguqulo ngqo ♦ Direct translation

IsiXhosa: Ukuqhubela ihashe emanzini, kodwa awunako ukulenza lisele.

Ungamnika umntu ingcebiso, kodwa awukwazi kumnyanzela ayisebenzise.

English: You can lead a horse to water, but you cannot make it drink.

You can give someone advice, but you cannot force them to follow it.

NgesiXhosa singathi: Ukuqhubela ihashe emanzini, kodwa awunako ukuliseza ngenkani.

In **English** one can say: *You can lead the horse to the water, but you cannot make him drink.*

ENGLISH IDIOMS AND PROVERBS ABOUT WATER

Engelse idrome en spreekwoorde oor water
Izaci namaqhalo esiNgesi ngamanzi



LOYALTY

LOJALITEIT UKUNYANISEKA

Blood is thicker than water.

Loyalty to family will always exceed loyalty to friends.

Direkte vertaling  **Inguqulo-ngqo**

Afrikaans: Bloed is dikker as water.

Vir familie sal jy meer doen as vir vreemdelinge of vriende.

IsiXhosa: Igazi liyajiya kunamanzi.

Ubudlelwane obungqindilili phakathi kwamalungu osapho bubalulekile ngaphezu kwezihlobo.



In **Afrikaans** kan ons sê: *Bloed is dikker as water.*

NgesiXhosa singathi: *Igazi liyajiya kunamanzi.*

DOWNSCALE

AFSKAAL UKUTHOBA

Water it down.

Be less demanding.

Direkte vertaling • **Inguqulo-ngqo**

Afrikaans: Om iets af te water.

Om nie sulke hoë eise te stel nie.

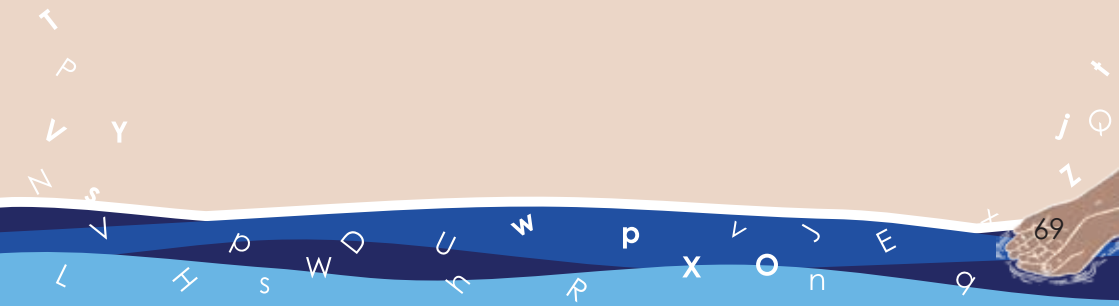
IsiXhosa: Ukuyigalela ngamanzi.

Kukwenza into ibebuthathaka.



In **Afrikaans** kan ons sê: *Water in jou wyn gooi.*

NgesiXhosa singathi: *Ukuyigalela amanzi.*



TROUBLE

MOEILIKHEID INGXAKI

Land in hot water.

To be in trouble and facing punishment.

Direkte vertaling • Inguqulo-ngqo

Afrikaans: In warm water wees.

In die moeilikheid wees.

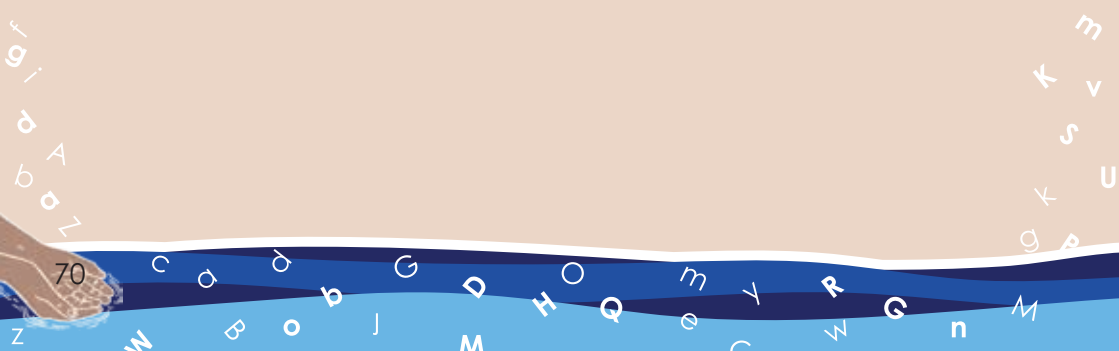
IsiXhosa: Ukuba semanzini ashushu.

Ukuba sengxakini enkulu.



In **Afrikaans** kan ons sê: In diep waters beland.

NgesiXhosa singathi: *Ukuba sesophini.*



CONFUSION

VERWARRING UDIDEKO

Muddy the waters.

Complicate a situation or create confusion.

Direkte vertaling • **Inguqulo-ngqo**

Afrikaans: Maak die water modderig.

Maak 'n situasie nog moeiliker of skep verwarring.

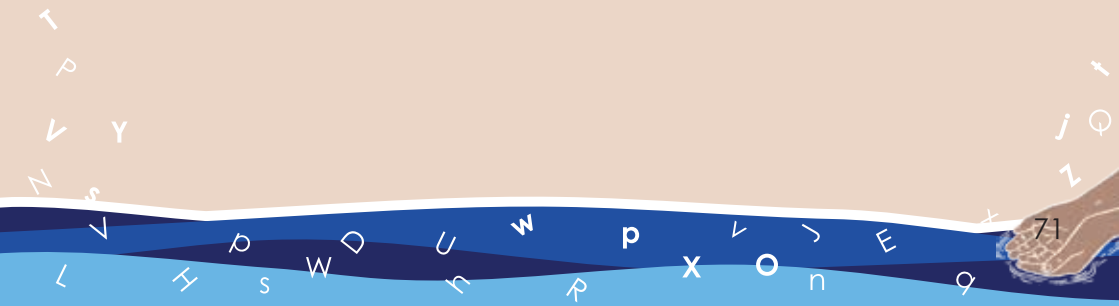
IsiXhosa: Yenza amanzi abemdaka.

Kukwenza imeko ibe sisiphithanyongo okanye ukudala impixano.



In **Afrikaans** kan ons sê: *Iemand se kop op hol jaag.*

NgesiXhosa singathi: *Ukugxobh'iyenza.*



KINDNESS

GOEDHARTIGHEID UBUBELE

Cast one's bread upon the waters.

To do good without expecting any reward.

Direkte vertaling ♦ **Inguqulo-ngqo**

Afrikaans: Werp jou brood op die water.

Doen iets goed sonder om iets terug te verwag.

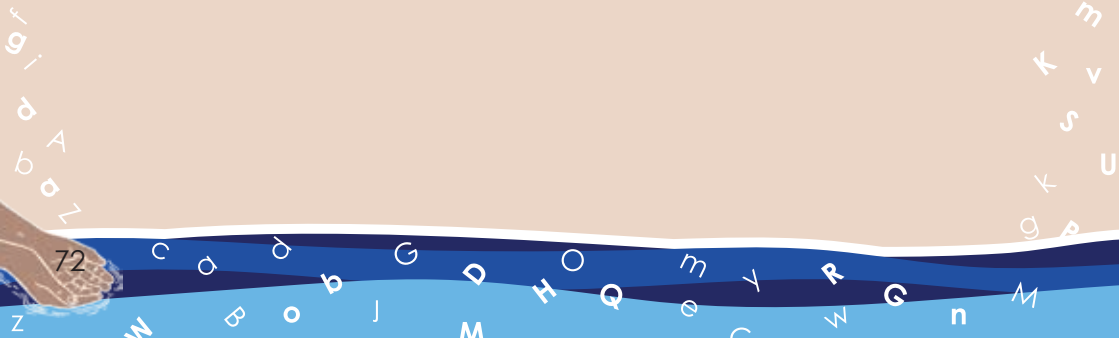
IsiXhosa: Phosa isonka sakho phezu kwamanzi.

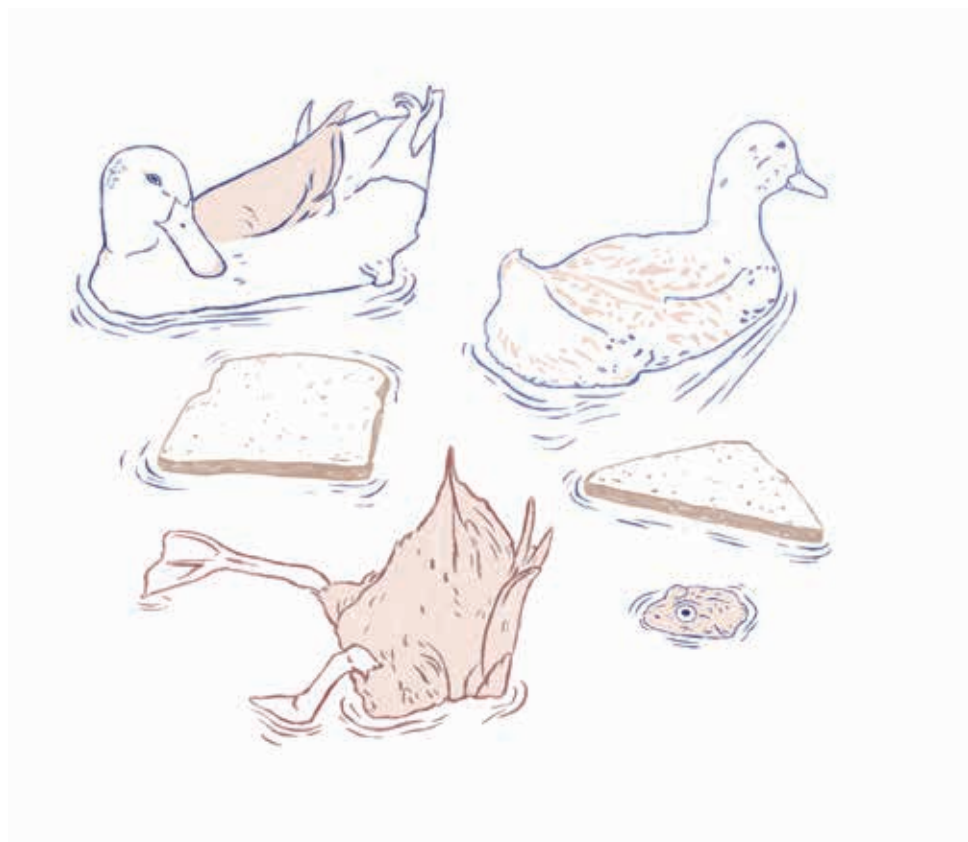
Kukwenza into ungajonganga mbuyekezo.



In **Afrikaans** kan ons sê: *Werp jou brood op die water.*

NgesiXhosa singathi: *Ukwenza into ungalindelanga nzuzo.*





HEAVY RAINS

SWAAR REËN IZANTYALANTYALA

The floodgates of heaven were opened.

It is pouring with rain.

Direkte vertaling • Inguqulo-ngqo

Afrikaans: Die sluise van die hemel het oopgegaan.

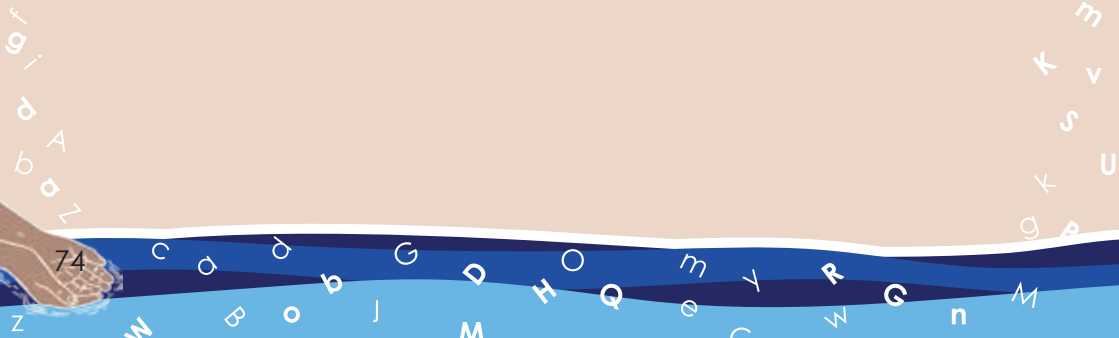
Dit stortreën.

IsiXhosa: Kwavuleka amasango ezikhukula ezulwini.

Kuxa imvula isina kakhulu.

In **Afrikaans** kan ons sê: *Die sluise van die hemel het oopgegaan.*

NgesiXhosa singathi: *Yimvula kaNogumbe.*



BRAVERY

DAPPERHEID UBUKROTI

Go through fire and water.

Face any dangers.

Direkte vertaling ♦ **Inguqulo-ngqo**

Afrikaans: Stap deur vuur en water.

Trotseer enige gevaar.

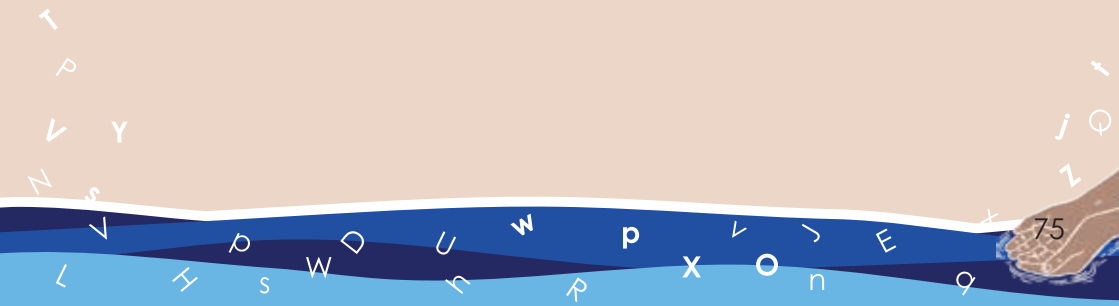
IsiXhosa: Ukuhamba phakathi kwamanzi nomlilo.

Ukujongana nayo nayiphina ingozi.



In **Afrikaans** kan ons sê: *Loop deur vuur.*

NgesiXhosa singathi: *Ukudlala ngomlilo.*



FAILURE

MISLUKKING USILELO

Dead in the water.

Showing no chance of success or progress.

Direkte vertaling ♦ **Inguqulo-ngqo**

Afrikaans: Dood in die water.

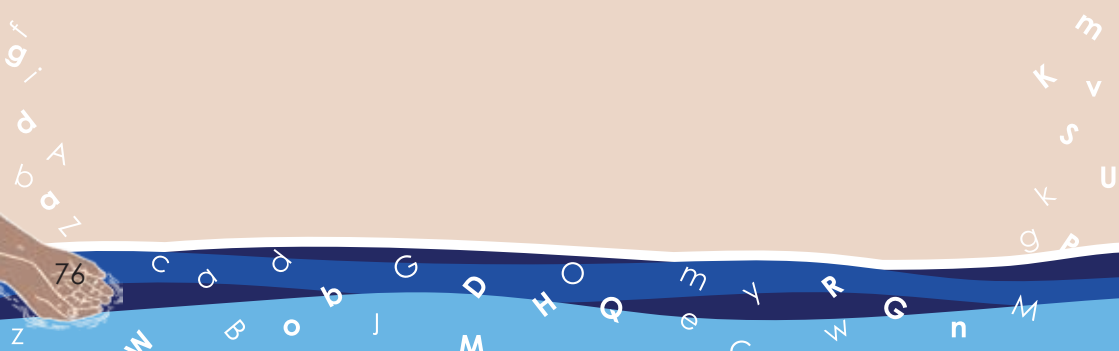
Daar is geen kans op sukses of vordering nie.

IsiXhosa: Ukufela emanzini.

Ukuphanza okanye ukungaphumeleli kwaye kungabikho nethemba lokuba impumelelo iya kubakho.

In **Afrikaans** kan ons sê: *lets is doodgebore.*

NgesiXhosa singathi: *Ukuzala isidumbu.*



DEFEAT

VERSLAAN UKOYISA

Blow someone/something out of the water.

To discredit something by exposing its flaws or to defeat someone easily.

Direkte vertaling ♦ **Inguqulo-ngqo**

Afrikaans: Blaas iemand/iets uit die water.

Om slegte daade bloot te lê of iemand maklik te verslaan.

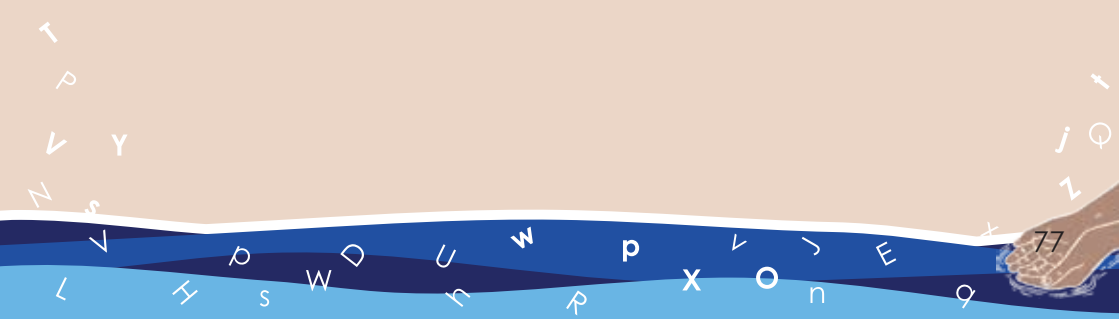
IsiXhosa: Ukuvuthela umntu aphume okanye into iphume emanzini.

Kukoyisa umntu ngokulula okanye ukuhlazisa into ngokubhenca iimpazamo zayo.



In **Afrikaans** kan ons sê: *lemand of iets aan die kaak stel, of: lemand 'n nekslag toedien.*

NgesiXhosa singathi: *Kukoyisa umntu ngokulula okanye ukuhlazisa into ngokubhenca iimpazamo zayo.*



DISCORD

ONMIN UKUNGAVISISANI

Trouble the water.

To sow discord.

Direkte vertaling ♦ **Inguqulo-ngqo**

Afrikaans: Maak die water troebel.

Veroorsaak moeilikheid of saai onmin.

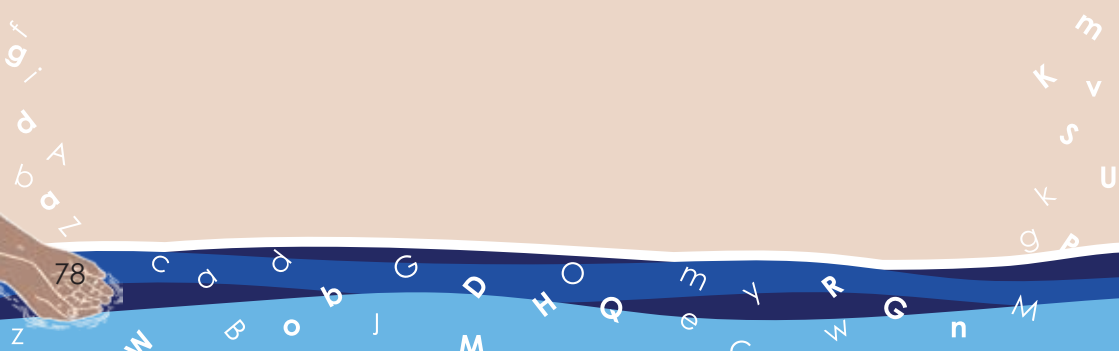
IsiXhosa: Ukugxobhagxobha amanzi.

Ukudala ingxabano.



In **Afrikaans** kan ons sê: *Moles maak.*

NgesiXhosa singathi: *Ukugxobhagxobha amanzi.*



TIME TYD IXESHA

Gone water does not mill anymore.

Do not dwell on what is in the past.

Direkte vertaling ♦ **Inguqulo-ngqo**

Afrikaans: Verlore water kan nie meer die meul laat draai nie.

Moenie tob oor dinge wat in die verlede lê nie.

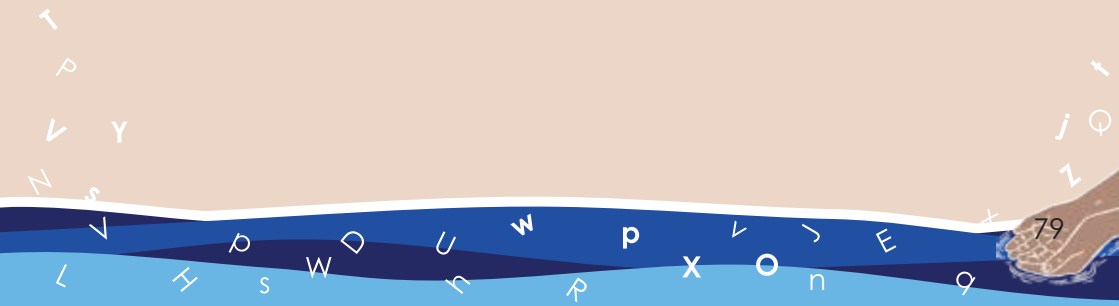
IsiXhosa: Akhonto unokuyenza ngamanzi adlulileyo.

Akusekho nto unokuyenza ngeshlo esidlulileyo.



In **Afrikaans** kan ons sê: *Gedane sake het geen keer nie.*

NgesiXhosa singathi: *Okwenzekileyo kwenzekile.*



SUPPORT ONDERSTEUN INKXASO

Carry someone's water.

Support someone without being critical.

Direkte vertaling • **Inguqulo-ngqo**

Afrikaans: Dra iemand se water.

Ondersteun iemand onvoorwaardelik.

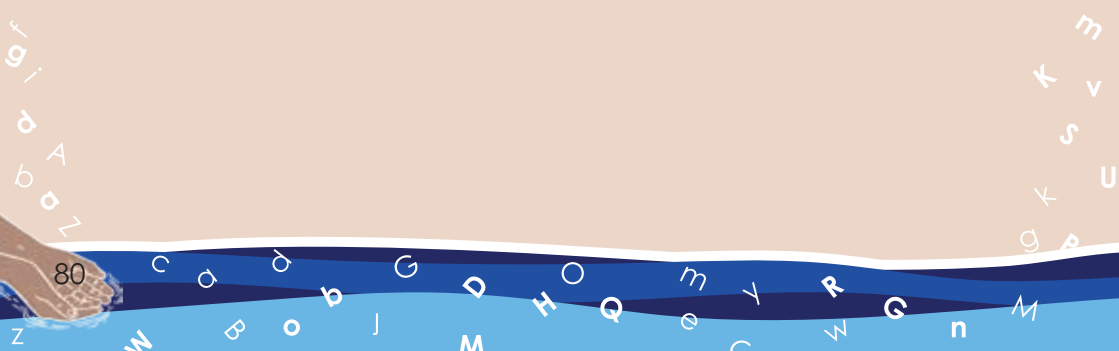
IsiXhosa: Ukuthwala amanzi womnye umntu.

Ukuxhasa umntu ngaphandle kokumgxeka.



In **Afrikaans** kan ons sê: *Iemand se hande sterk.*

NgesiXhosa singathi: *Ukuthatha iingxaki zomnye umntu uzenze ezakho.*



CONFUSION

VERWARRING UDIDEKO

Have only one oar in the water.

Not thinking clearly about a given situation or plan.

Direkte vertaling ◊ **Inguqulo-ngqo**

Afrikaans: Slegs een spaan in die water hê.

Om 'n situasie of plan nie goed te deurdink nie.

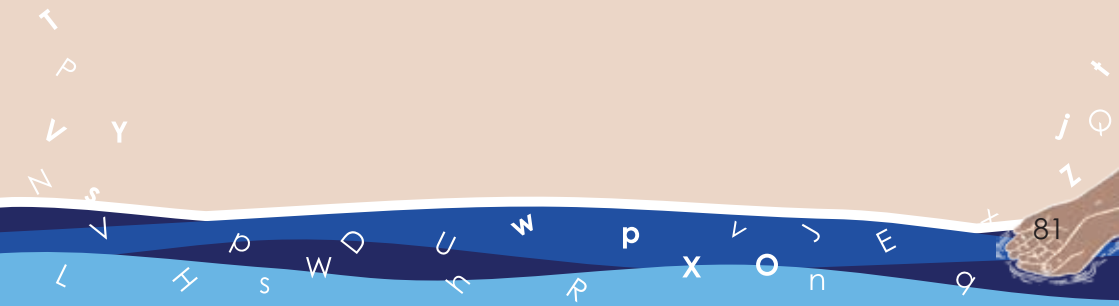
IsiXhosa: Ukuba nentonga enye yephenyane emanzini.

Ukungacingisisi kakuhle ngento.



In **Afrikaans** kan ons sê: *lets is onbekook.*

NgesiXhosa singathi: *Into engaphekisiswanga.*



COMPLIANCE

INSKIKLIKHEID UTHOTYELO

Drift with the stream.

Conform to the majority.

Direkte vertaling • Inguqulo-ngqo

Afrikaans: Saam met die stroom vloei.

Met die meerderheid saamgaan.

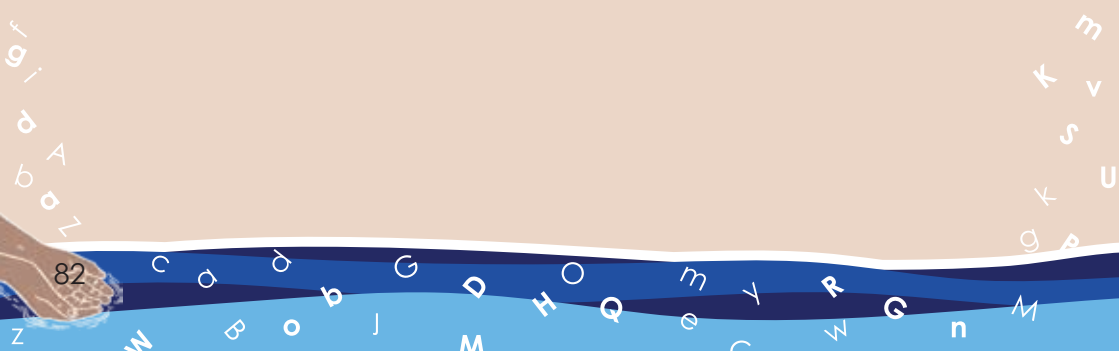
IsiXhosa: Ukuhamba nomsinga.

Ukuvumelana nesigqibo sesininzi.



In **Afrikaans** kan ons sê: *Met die stroom saamgaan.*

NgesiXhosa singathi: *Ukuhamba nabahambayo.*



UNINTERESTING ONINTERESSANT AYINAMDLA

A long drink of water.

A boring or uninteresting person.

Direkte vertaling • **Inguqulo-ngqo**

Afrikaans: 'n Lang sluk water.

'n Vervelige of oninteressante persoon.

IsiXhosa: Ukusela amanzi ixesha elide.

Umntu onganiki mdlal okanye okruqulayo.



In **Afrikaans** kan ons sê: *Iemand is 'n ratelkous.*

NgesiXhosa singathi: *Umntu odikayo.*

DANGER GEVAAR INGOZI

In unchartered waters.

A situation that could be difficult or dangerous because it is new to you.

Direkte vertaling Inguqulo-ngqo

Afrikaans: In ongekarteerde waters.

'n Situasië kan moeilik of gevaarlik wees omdat dit onbekend is.

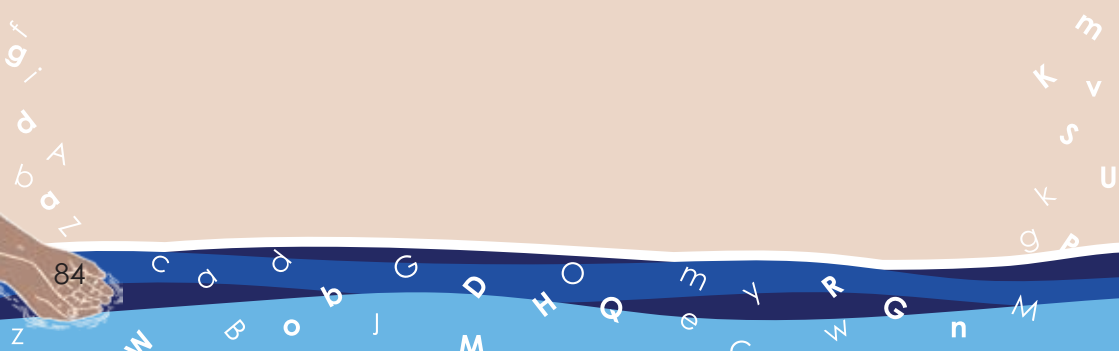
IsiXhosa: Ukuba kumanzi angaziwayo.

Imeko enzima kakhulu okanye enobungozi kuba ungenalwazi lwayo.



In **Afrikaans** kan ons sê: *In onbekende waters vaar.*

NgesiXhosa singathi: *Ukuba kwindawo ongayaziyo. Okanye ukuba kwimeko ongayaziyo.*



SELFISHNESS

SELSUG UZINGCO

Draw water to your own mill.

To act only to your own advantage.

Direkte vertaling ♦ **Inguqulo-ngqo**

Afrikaans: Trek water na jou eie meul toe.

Trek net op in jou eie belang.

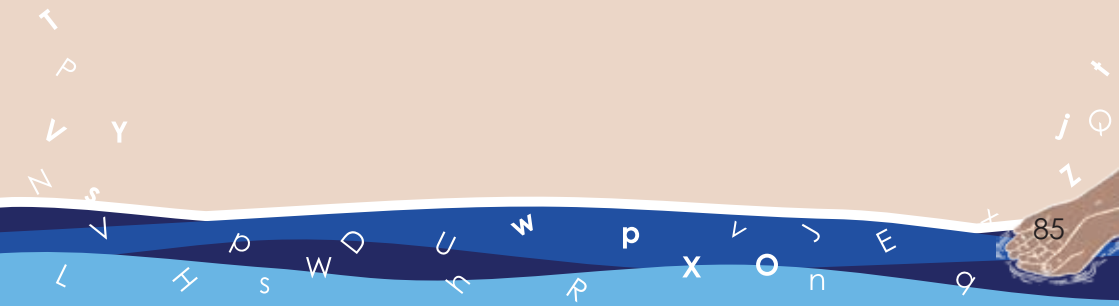
IsiXhosa: Ukuzitsalela amanzi wedwa.

Kukwenza into ukuze kulungelwe wena kuphela.



In **Afrikaans** kan ons sê: *Elkeen is 'n dief in sy eie nering.*

NgesiXhosa singathi: *Kukuba nguqhlohesakhe.*



WEAKNESS

SWAKHEID UBUTHATHAKA

Milk and water.

An argument or idea that is seen as weak or sentimental.

Direkte vertaling ◊ Inguqulo-ngqo

Afrikaans: Melk en water.

'n Argument of idee wat as flou of sentimenteel beskou word.

IsiXhosa: Amanzi nobisi.

Ingcingane okanye impikiswano ebonwa ibuthathaka okanye engenampembelelo.



In **Afrikaans** kan ons sê: *Dit ('n argument of idee) hou nie steek nie.*

NgesiXhosa singathi: *Intetha engenasongo.*

SUCCESS

SUKSES IMPUMELELO

Walk on water.

Do something that seems impossible.

Direkte vertaling • **Inguqulo-ngqo**

Afrikaans: Loop op water.

Doen iets wat onmoontlik lyk.

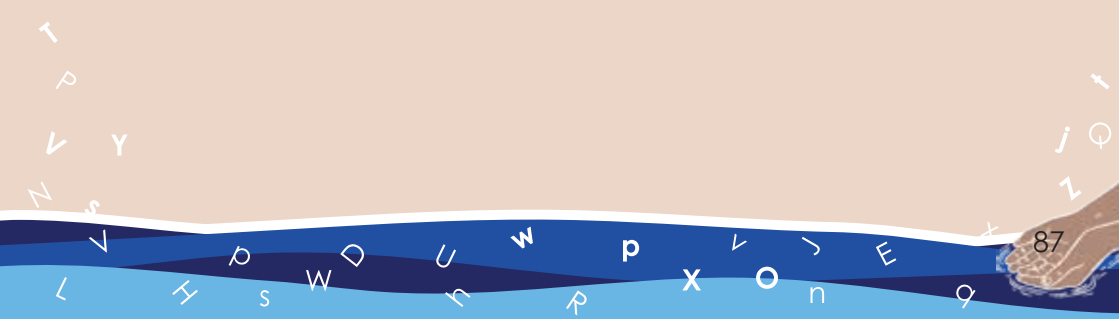
IsiXhosa: Ukuhamba phezu kwamanzi.

Ukwenza into ebonakala ingenokwenzeka.



In **Afrikaans** kan ons sê: *Bloed uit 'n klip tap.*

NgesiXhosa singathi: *Ukutsala igazi elityeni.*



DECEPTION

MISLEIDING INKOHLSISO

Carry fire in one hand and water in the other.

To deceive someone.

Direkte vertaling ♦ **Inguqulo-ngqo**

Afrikaans: Dra vuur in die een hand en water in die ander.

Om iemand te bedrieg of mislei.

IsiXhosa: Ukuphatha umlilo esandleni ngelithuba uphethe amanzi kwesinye isandla.

Ukukhohlisa umntu.



In **Afrikaans** kan ons sê: 'n Rat voor die oë draai.

NgesiXhosa singathi: *Ukuqaba (umntu) isanti emehlweni. Okanye ukubeka inkanga emehlweni.*

CAUTIOUS VERSIGTIG UKULUMKA

Dip your toe in the water.

To test or try something very cautiously.

Direkte vertaling ♦ **Inguqulo-ngqo**

Afrikaans: Doop jou toon in die water.

Om iets versigtig te toets of te beproef.

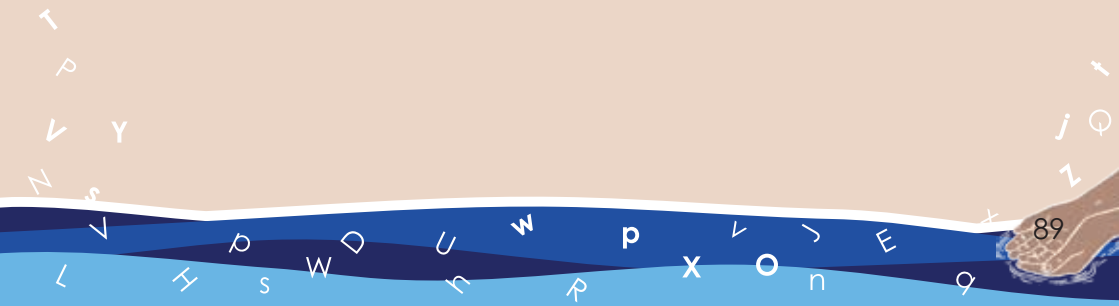
IsiXhosa: Ukufaka uzwane emanzini.

Kukuvavanya okanye ukuzama into ngononophelo.



In **Afrikaans** kan ons sê: *Toets die waters.*

NgesiXhosa singathi: *Ukufaka umnwe emanzini.*



INEXPERIENCED ONERVARE UKUNGABI NAMAVA

Wet behind the ears.

To lack experience or to act immature.

Direkte vertaling ♦ **Inguqulo-ngqo**

Afrikaans: Nat agter die ore.

Iemand wat onervare is.

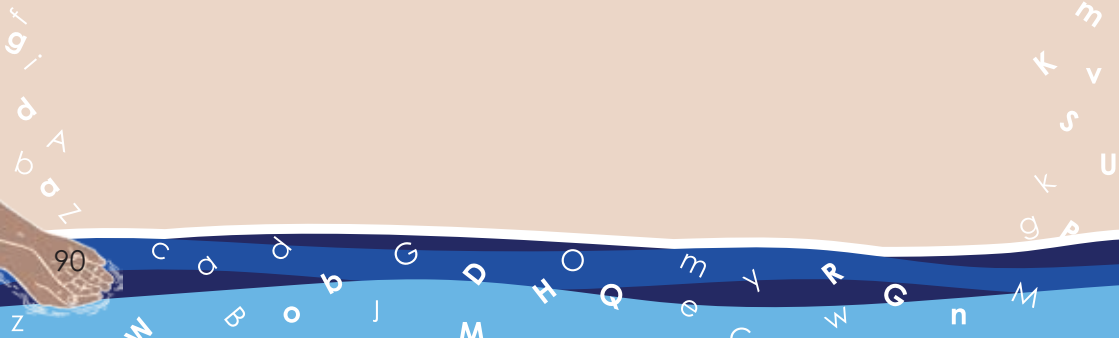
IsiXhosa: Ukuba manzi emva kwendlebe.

Ukungabi nawo amava.



In **Afrikaans** kan ons sê: *Hy is 'n groentjie, of: Hy is nat agter die ore.*

NgesiXhosa singathi: *Ukuba luhlaza.*



IMISEBENZI

Umsebenzi woku-1 Ukuqonda

Funda esi sicatshulwa “Amanzi kwinkcubeko yamaXhosa” kwikhasi 7 uze uphendule le mibuzo ilandelayo:

1.	Yintoni umsebenzi wamanzi ebantwini?	1
2.	Zingaphi iziqingatha zemizimba yethu ezinamanzi?	1
3.	Chonga indawo ibenye eyakhiwe kufutshane nendawo enamanzi.	1
4.	Sesiphi esona sizathu esibangela ukuba ama-Afrika angakhi iindawo zawo zokuhlala kufutshane namanzi?	2
5.	Xela eyona nto umbhali athi kufuneka siyenze ngeendawo zamanzi.	2
6.	Ukusetyenziswa kwamanzi kumakhwenkwe entabeni kudlala yiphi ndima?	2
7.	Ingaba yinyani okanye luluvo ukuba ulwaluko lufundisa amadodana ukonga nokuhlonipha amanzi?	1
8.	Ngeyiphi inkolelo amaXhosa anayo ngeendawo zamanzi?	2
9.	Chaza eyona njongo yokubizelwa kwegqirha emanzini.	2
10.	Zoba umahluko womsebenzi wamanzi phakathi kwamagqirha namakholwa ngokwahluka kwawo.	2
11.	Ucinga ngelishesha siphila kulo, bubuchule ukuhlaliswa kweentsapho ezizilele ukufa zodwa ehlathini 'de kudlule ixesha lokuzila?	2
12.	Mfundiso ni umbhali asinika yona kwesi sicatshulwa?	2
		20

Umsebenzi we-2

Ukusebenzisa ubuchule bokubonisa isaci

1. Khetha nokuba sesiphi isaci samanzi kule ncwadi.
Ungakhetha isaci esingabhalwanga ngolwimi lwakho.
2. Thatha iphepha uzobe esi saci.
3. Akunyanzelekanga ube ngumzobi ophume izandla.
Qha kufuneka usibonakalise isaci ngokusizoba.
4. Ungasebenzisa nawuphina umbala owuthandayo kwaye ukwenze oko ngohlobo okholwa lulo.
5. Usenako nokusebenzisa imifanekiso esikwe kwimagazini ekuzameni ukubonisa esi saci.
6. Usenako ukusebenzisa izinto ezindala ezakhe zasetyenziswa ngaphambili okanye izityalo uzame ukubonisa esi saci ngomsebenzi wobugcisa.
7. Ungasibhali isaci kumsebenzi wakho wobugcisa. Xa wonke umntu egqibile ngomsebenzi wakhe, iklasi izakujonga lo msebenzi wobugcisa kwaye iqikelele sesiphi isaci esizotywayo.
8. Umsebenzi wobugcisa beklasi ungaboniswa kwiklasi. Le miboniso yezaci iyakwenza uzikhumbule ezi zaci ngcono.

AKTIWITEITE

Opdrag 1 Begrip

Lees die leesstuk “Water in die amaXhosa-kultuur” op bladsy 9 en beantwoord die vrae wat volg:

1.	Hoekom word groot stede naby waterbronne gebou?	2
2.	Noem twee (2) eienskappe wat Johannesburg 'n unieke stad maak.	2
3.	Wat word bedoel met die term nomadiese stamme in paragraaf 5?	1
4.	Watter menings oor die Afrikakulture se siening van water is nie korrek nie? Noem twee (2) aspekte.	2
5.	Hoekom beskou die amaXhosa waterbronne as 'n heilige plek? Gee redes uit paragraaf 7 en 8.	2
6.1	In watter twee (2) stadiums van die inisiasierite speel water 'n belangrike rol?	2
6.2	Wat is die simboliek van water tydens die inisiasieproses?	2
6.3	Watter belangrike lewensles leer die seuns tydens hulle inisiasie?	1
7.	Wat gebeur tydens die proses van ukuthwasa ?	1
8.	Watter rol speel water in hedendaagse Afrikakerke?	1
9.	Nadat 'n familie klaar oor die dood van 'n geliefde gerou het, speel water 'n belangrike rol. Bespreek hierdie stelling.	2
10.	Noem vier (4) verskillende soorte waterbronne wat in die teks genoem word.	2
		20

Opdrag 2

Visuele uitbeelding van 'n idioom

1. Kies enige idioom oor water in hierdie boek. Jy mag 'n idioom kies wat nie in jou huistaal is nie.

2. Neem 'n skoon vel papier en beeld die idioom met 'n illustrasie uit.

3. Jy hoef nie 'n uitstekende kunstenaar te wees nie. Stel net die idioom visueel voor.

4. Jy kan van enige medium gebruik maak, soos houtskool, pastelle, kleurpotlode of waterverf.

5. Jy kan ook 'n collage maak van prente wat jy uit tydskrifte knip.

6. Jy kan herwinbare materiaal of plantmateriaal gebruik om die idioom uit te beeld.

7. Moenie die idioom op jou kunswerk skryf nie. Wanneer almal se kunswerke klaar is, kan die hele klas daarna kyk en raai watter idioom uitgebeeld word.

8. Almal se kunswerke kan in die klas uitgestal word. Deur die idiome so visueel uitgebeeld te sien, sal jou help om dit beter te onthou.

ACTIVITIES

Assignment 1 Comprehension

Read the passage “Water in the amaXhosa culture” on page 11 and answer the following questions:

1.	Why do we build big cities near water sources?	2
2.	Name two (2) characteristics that make Johannesburg a unique city.	2
3.	What is meant by the term nomadic tribes in paragraph 5?	1
4.	Which viewpoints on the African cultures' beliefs about water are not correct? Name two (2).	2
5.	Why does the amaXhosa regard water sources as holy places? Give your reasons from paragraphs 7 and 8.	2
6.1	In which two (2) phases of the initiation ritual does water play a role?	2
6.2	What is the symbolic meaning of water during the initiation ritual?	2
6.3	Which important life lesson is taught to the young men during their initiation?	1
7.	What happens in the process of ukuthwasa ?	1
8.	What is the role of water in modern African churches?	1
9.	After a family has mourned the death of a loved one, water plays an important role in their lives. Discuss this statement.	2
10.	Name four (4) types of water resources from the passage.	2
		20

Assignment 2

Visual representation of an idiom

1. Choose any idiom about water from this book. You may choose an idiom that is not in your home language.

2. Take a sheet of paper and make a drawing of this idiom.

3. You do not need to be an excellent artist. You only have to portray the idiom visually.

4. You may use any medium of your choice, such as charcoal, pastels, coloured pencils or watercolour paint.

5. You may also create a collage of pictures cut from magazines to portray the idiom.

6. You may use recycled material or plant material to depict the idiom in an artwork.

7. Do not write down the idiom on your artwork. When everybody has finished their project, the whole class will look at the artworks and guess which idioms are portrayed.

8. The artwork of the whole class may be displayed in the classroom. These visual representations of the idioms will help you remember them better.

Indla-manzi.
Om water te eet.
To eat water.



Cast one's bread upon the waters.
Werp jou brood op die water.
Phosa isonka sakho phezu kwamanzi.

Kop bo water hou.
Ukugcina intloko ingaphezu kwamanzi.
Keeping one's head above water.





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